

Dear Life

COPPER KNOB
STEPPERS

Count: 64

Wall: 1

Level:

Choreographer: Chris Watson (AUS) - January 2025

Music: I Am Not Okay - Jelly Roll



Walk, walk, sweep half diamond to back

- 1, 2, Step fwd L, step fwd R,
3 & 4 Sweep L foot around and in front of L and step L across in front of R, step back on R to right back diagonal, step L behind R to right diagonal,
5 & 6, Sweeping R foot around and behind L step back L to left diagonal, turning over left shoulder ¼ left step fwd on L to left diagonal, step R across in front of L to left diagonal, step fwd on L to left diagonal,

(Beats 3 - 6 are a half-diamond step)

- 7 & 8 & Turn ¼ over left shoulder and complete a forward coaster: stepping L fwd, step R beside L, step back on L, step back on R turning ¼ over right shoulder,

Rock, replace, extended vine, and cross unwind, and cross unwind

- 1, 2, Turning a further ¼ over right shoulder rock fwd on L, replace weight back onto R,
& 3, & 4, Extended vine: stepping L to left, cross R over L, step L to left, cross R behind L,
& 5, 6, Step L to left side, cross R over L, Unwind ½ turn over left shoulder with weight transferring to L foot,
& 7, 8, Step R to right side, cross L over R, Unwind ½ turn over right shoulder with weight transferring to R foot,

Turn, step, & turn, coaster fwd, back, rock and cross

- 1, 2, Facing front diagonal right, head towards the right diagonal, complete a full 360-degree turn over right shoulder: stepping fwd on L to right diagonal, continue turning stepping fwd on R to right diagonal,
& 3, Again, heading towards the right diagonal, complete a full 360-degree turn: stepping fwd on L to right diagonal, continue turning stepping fwd on R to right diagonal, (can eliminate one or both turns and just walk fwd L, R, L, R towards right diagonal)
4 & 5 Fwd coaster step still facing R diagonal: step fwd L, step R beside L, step back on L,
6, Step back on R,
7 & 8 Facing the front: rock L foot to left side, step R foot to right, cross L over R,

Hips, Hips, and shuffle, turn shuffle, turn, back, back, fwd,

- 1, 2, & Stepping R to right rock hips to right, rock hips to left, slightly hitch right knee,
3 & 4 Shuffle to the right: stepping R to right side, L foot beside R, step R to right side,
5 & 6 Turning ¼ over left shoulder shuffle to left side: step L to left, step R beside L, step L to left side turning ¼ over left shoulder to face the back,
& 7, Travelling directly towards the back: turn ¼ over left shoulder stepping R to right side, continue turning a further ¼ over the left shoulder and step back on L,
8, & Step back on R, step L beside R,

[32] Beats

Restart dance on RIGHT foot moving in the opposing direction.

Walk, walk, sweep half diamond to back

- 1, 2, Step fwd R, step fwd L,
3 & 4 Sweep R foot around and in front of R and step R across in front of L, step back on L to left back diagonal, step R behind L to left diagonal,

- 5 & 6, Sweeping L foot around and behind R step back R to right diagonal, turning over right shoulder $\frac{1}{4}$ right step fwd on R to right diagonal, step L across in front of R to right diagonal, step fwd on R to right diagonal,
- (Beats 3 - 6 are a half-diamond step)**
- 7 & 8 & Turn $\frac{1}{4}$ over right shoulder and complete a forward coaster: stepping R fwd, step L beside R, step back on R, step back on L turning $\frac{1}{4}$ over left shoulder,

Rock, replace, extended vine, and cross unwind, and cross unwind

- 1, 2, Turning a further $\frac{1}{4}$ over left shoulder rock fwd on R, replace weight back onto L,
- & 3, & 4, Extended vine: stepping R to right, cross L over R, step R to right, cross L behind R,
- & 5, 6, Step R to right side, cross L over R, Unwind $\frac{1}{2}$ turn over right shoulder with weight transferring to R foot,
- & 7, 8, Step L to left side, cross R over L, Unwind $\frac{1}{2}$ turn over left shoulder with weight transferring to L foot,

Turn, step, & turn, coaster fwd, back, rock and cross

- 1, 2, Facing front diagonal left, head towards the left diagonal, complete a full 360-degree turn over left shoulder: stepping fwd on R to left diagonal, continue turning stepping fwd on L to left diagonal,
- & 3, Again, heading towards the left diagonal, complete a full 360-degree turn: stepping fwd on R to left diagonal, continue turning stepping fwd on L to left diagonal, (can eliminate one or both turns and just walk fwd R, L, R, L towards left diagonal)
- 4 & 5 Fwd coaster step still facing L diagonal: step fwd R, step L beside R, step back on R,
- 6, Step back on L,
- 7 & 8 Facing the front: rock R foot to right side, step L foot to left, cross R over L,

Hips, Hips, and shuffle, turn shuffle, turn, back, back, fwd,

- 1, 2, & Stepping L to left rock hips to left, rock hips to right, slightly hitch left knee,
- 3 & 4 Shuffle to the left: stepping L to left side, R foot beside L, step L to left side,
- 5 & 6 Turning $\frac{1}{4}$ over right shoulder shuffle to right side: step R to right, step L beside R, step R to right side turning $\frac{1}{4}$ over right shoulder to face the back,
- & 7, Travelling directly towards the back: turn $\frac{1}{4}$ over right shoulder stepping L to left side, continue turning a further $\frac{1}{4}$ over the right shoulder and step back on R,
- 8, & Step back on L, step R beside L,

[32] Beats

Restart dance on LEFT foot moving in the opposing direction.

RESTARTS:

Rotation 1: start LEFT

Rotation 2: start RIGHT

Rotation 3: start LEFT

Rotation 4: Restart after 16 beats on LEFT

Rotation 5: start RIGHT

Rotation 6: start LEFT

Rotation 7: Restart after 24 beats on RIGHT

Rotation 8: start on LEFT

Rotation 9: start on RIGHT and fin