

# Pray

Count: 32

Wall: 4

Level: High Intermediate

Choreographer: Hiroko Carlsson (AUS) - July 2025

Music: Pray (feat. Jazzy Sirius) (Mixed) - Disciples : (Spotify/YouTube Music/Amazon Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)  
(Intro: 32 counts)

## [S1] Side Rock, Kick-Ball-Point, Sailor 1/4R, Point-&-Heel-&-

- 1 2 Rock R to the side, Replace weight on L
- 3&4 Kick forward on R, Ball step R in place, Point L to the side
- 5&6 Sweeping L around making a ¼ turn left step L behind R (9:00), Step R beside L, Step forward on L
- 7&8& Point R to the side, Step R next to L, Touch L heel forward, Step L next to R-

## [S2] -Tap-&-Heel-&, Paddle Turn-Ball, Heel Grind-Side-&-Heel Grind-Side-&

- 1&2& Tap R toe close to L, Step back on R, Touch L heel forward, Step/drop L in place
- 3 4& Step forward on R, Make a ¼ turn left recover weight on L (6:00), Ball step R behind L
- 5 6& Grind L heel over R, Step R to the side, Replace L close to R
- 7 8& Grind R heel over L, Step L to the side, Replace R close to L

## [S3] Cross, 1/4L, Back Rock, Roll Fwd into 1/4R Side Shuffle-Behind Rock

- 1 2 Cross L over R, Make a ¼ turn left stepping back on R (3:00)
- 3 4 Rock back on L, Replace weight on R
- 5 6 Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R (3:00)
- 7&8 Make a ¼ turn right stepping L to the side (6:00), Step R close, Step L to the side
- &1 Quick rock R behind L, Replace weight on L

## [S4] Side Shuffle, Behind-Side, Cross Unwind 3/4R, Kick-Ball-Fwd

- 2&3 Step R to the side, Step L close, Step R to the side
- 4& Step L behind R, Step R to the side
- 5 6 Cross/touch L over R, Make a ¾ unwind turn right weight ends on L (3:00)
- 7&8 Kick forward on R, Ball step R in place, Step forward on L

No tags or restarts

Ending Suggestion: The last wall starts facing 3:00. Dance up to Section 4 count 4& (9:00), Cross unwind ¼ turn right to the front wall, Walk-Walk on R-L (12:00)

(updated: 19/July/25)