

Forever and Ever

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Sheila Kenny (USA) - July 2025

Music: Forever and Ever, Amen - Randy Travis



Intro approx.. 12 counts/5 sec. On Vocals - 1 Restart

Sec. 1 Vine/Cross, Lindy Step

1-4 Step RF to Right side, Cross LF behind RF, Step RF to Right side, Cross LF over RF
5&6 Step RF to Right side, Slide LF next to RF, Slide RF to Right side
7,8 Rock back on LF, Recover weight forward on RF

Sec. 2 Lindy Step, Modified Jazz Box

1&2 Step LF to Left side, Slide RF next to LF, Slide LF to Left side
3,4 Rock back on RF, Recover weight forward on LF
5-8 Step RF to Right side, Cross LF over RF, Step back on RF, Step LF to Left side

Restart Here Wall 5 (12:00)

Sec. 3 Forward Shuffle x 2, Rock/Recover, Back Coaster Step

1&2 Step RF forward, Slide LF next to RF, Slide RF forward
3&4 Step LF forward, Slide RF next to LF, Slide LF forward
5,6 Rock forward on RF, Recover weight back on LF
7&8 Step back on RF, Step LF next to RF, Step RF forward

Sec. 4 ¼ Right Pivot Turn, Cross/Point, Back Coaster Step, Modified Sugar Foot

1,2 Stepping LF forward, Pivot Turn ¼ Right, Recover weight on RF (3:00)
3,4 Cross LF over RF, Point Right Toe to Right side
5&6 Step back on RF, Step LF next to RF, Step RF forward
&7 Turn and Touch Left Toe In next to RF, Turn LF out and Tap Left Heel
&8 Step LF to Left side. Touch Right Toe next to LF

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