

Catching Feelings for Me

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Martin Humphrey (UK) - July 2025

Music: Catching feelings - Cerrone & Christine and the Queens



Tags: 0

Restarts: 1 Restart on Wall 3 after 32 counts

Intro: 32 Counts (Start on lyrics)

S1: WALK R, WALK L, OUT OUT, STEP BACK R, BACK L, BACK R, L COASTER CROSS

- 1 2 Walk forward Right, walk forward Left (12.00)
- &3 4 Step Right out to Right side, step Left out to Left side, step back on Right
- 5 6 Step back on Left, step back on Right
- 7&8 Step Left back, step Right next to Left, cross Left over Right

S2: R SIDE ROCK/RECOVER, BEHIND SIDE CROSS, L SIDE ROCK/RECOVER, SAILOR ¼ TURN

- 1 2 Rock Right to side, recover on Left
- 3&4 Cross Right behind Left, step Left to side, cross Right over Left
- 5 6 Rock Left to side, recover to Right
- 7&8 Cross Left behind Right, step Right next to Left, turn ¼ Left stepping forward on Left (9.00)

S3: STEP LOCK STEP, SCUFF HITCH CROSS, SIDE, HOLD, BALL, SIDE, TOGETHER

- 1&2 Step forward Right, lock Left behind Right, Step forward Right
- 3&4 Scuff Left, hitch Left knee, cross Left over Right
- 5 6 Step Right to side, hold
- &7 8 Step on the ball of the Left next to Right, step Right to Right side, step Left next to Right

S4: WEAVE, MAMBO ¼ TURN, RUN RUN RUN

- 1 2 3 4 Cross Right over Left, step Left to side, cross Right behind Left, step Left to side
- 5&6 Cross Right over Left, recover on Left, step ¼ Right (12.00)
- 7&8 (Run ½ turn to your Right) Left Right Left (6.00)

RESTART HERE ON WALL 3 (Facing 12:00)

S5: STEP R, KICK L, SHUFFLE BACK LEFT, R BACK ROCK/RECOVER, KICK BALL CHANGE

- 1 2 Step forward on Right, kick Left forward
- 3&4 Step Left back, step Right next to Left, step Left back
- 5 6 Rock back on Right, recover on Left
- 7&8 Kick Right forward, step on the ball of Right, step on Left

S6: ROTATE HIPS L TO R, TOUCH L, ROTATE HIPS R TO L, TOUCH R, R SIDE ROCK/RECOVER, CROSS SHUFFLE

- 1 2 Rotate hips in a circular motion from Left to Right, touch Left toe to Left side
- 3 4 Rotate hips in a circular motion from Right to Left, touch Right toe to Right side
- 5 6 Rock Right to Right side, recover weight onto Left
- 7&8 Cross Right over Left, step Left next to Right, cross Right over Left

S7: STEP L, PIVOT ¼, SHUFFLE ½ BACK, SWEEP L, SWEEP R, BACK ROCK/RECOVER

- 1 2 Step Left forward, pivot ¼ turn Right (9.00)
- 3&4 Making a ½ turn step back on Left, step Right next to Left, step Left back (3.00)
- 5 6 Step back on Right sweep Left, sweep Right
- 7 8 Rock back on Right, recover on Left

S8: ½ DIAMOND , CROSS, BACK, BUMP, BUMP

1&2	Step Right forward, step Left slightly to left diagonal, step Right back turning slightly right
3&4	Step Left back on diagonal, step Right to side, step Left next to Right (9.00)
5 6	Cross Right over Left, step back on Left
7 8	Hip bump Right, hip bump Left

Start again

Happy Dancing
