

Good For Me

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Barbara Kremm (USA) - July 2025

Music: GOOD FOR ME - James Johnston



No tags or restarts

[1st 8 count]- R- Kick Ball Change, L- Kick Ball Change, R-Shuffle, L-Rock, Recover

- 1,&2,3,&4 Kick RF forward (1), return RF to center while raising LF(&), tap LF to left side(2), kick LF forward(3), return LF to center while raising RF(&), tap Rf to right side(4)
- 5,&6,7,8 Step RF forward(5), slide LF beside RF(&), step RF forward(6), rock step LF forward(7), recover on RF

[2nd 8 count]- L-½ Turn, L-Shuffle, R-Forward Charleston, R-Shuffle

- 1,&2, Turn body CCW left (6:00 wall) step LF forward(1), slide RF beside LF(&), step LF forward(2),
- 3,4,5,6 Tap RF forward in front of LF(3), step RF behind LF(4), tap LF behind RF(5), step LF in front of RF(6)
- 7,&8 Step RF forward(7), slide LF beside RF(&), step RF forward(8)

[3rd 8 count]- L-Fwd Rock, L-¼ Turn Shuffle or Spins, R-Cross Over Steps, L-Rock, Recover

- 1,2,3,&4 Rock step LF forward(1), recover on RF while turning body to left(3:00 wall)(2), step LF to left side(3:00wall)(3), slide RF beside LF(&), step LF to left side(4)

Alternately, you can replace the shuffle with spins after you rock/recover

- 5,&6,7,8 Cross RF over LF & step to left(5), step LF to left staying behind RF(&), step RF to left side staying crossed over LF(6), rock step LF to left(7) recover on RF(8)

[4th 8 count]- L-Coaster Step w/1/4 L-Turn, R- Kick Ball, R- Monterey ¼ R-Turn, R-L-Heels

- 1,&2,3,&4 LF behind RF turning ¼ turn to left (12:00 wall)(1) step RF behind LF(&), step LF forward(2), kick RF forward(3) return RF to center(&) tap LF toe beside RF(4)
- 5,&6,&7,&8 Tap RF toe to right side(5), slide RF back beside LF while pivoting right on LF turning to the right(3:00 wall)(&), tap LF toe to left(6), return LF beside RF(&) tap RF heel forward(7) return RF to center(&) tap LF heel forward(8) return left foot to center(&)

Start over and Enjoy!!

I'd LOVE your 5 Star Votes and to see your videos!!!!

Let me know what you think..

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