

# Girl Unwound

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Jannie Elam (USA) & Diana Smith (USA) - July 2025

**Music:** Cheatin' On My Honky Tonk (feat. Braxton Keith) - Randall King

or: Keepa Secret - LÓNIS & Little League

or: All Night - Brothers Osborne

or: Funkytown - Lipps, Inc.



**No Tags; No Restarts; 32-count Intro**

**Alternate Song Choices:**

**"Keepa Secret" by LÓNIS & Little League;**

**"All Night" by Brothers Osborne;**

**"Funkytown" by Lipps, Inc.**

## **Section 1: Kick Forward, Kick Side, Touch Toe Down, Step Heel Down**

- 1-2 Kick R foot forward, Kick R foot to the right side
- 3-4 Touch R toe down, Drop R heel down with weight (like a toe strut in place)
- 5-6 Kick L foot forward, Kick L foot to the left side
- 7-8 Touch L toe down, Drop L heel down with weight (like a toe strut in place)

**Note: Depending on your personal style, you may end up traveling forward with your toe struts.**

## **Section 2: Step, Tap, Step, Kick, Steps, Bounces**

- 1-2 Step R forward, Tap L behind R
- 3-4 Step L back, Kick R forward
- 5-6 Step R back, Step L next to R
- 7-8 Bounce both heels twice (end with weight on the left)

## **Section 3: Double Heel, Double Toe, Toe Struts with a 1/4 Turn**

- 1-2 Tap R heel forward twice
- 3-4 Tap R toe back twice
- 5-6 Touch R toe down as you 1/4 turn to the left, Drop R heel down with weight
- 7-8 Touch L toe down, Drop L heel down with weight

## **Section 4: Lock Step Forward, Walk Back with a Touch**

- 1-2 Step R forward, Lock L behind R
- 3-4 Step R forward, Brush L forward (or touch L next to R)
- 5-8 Walk back L, R, L, Touch R next to L

**Styling Option: Instead of a standard walk back, you can make small sweeping motions with your feet from front to back before stepping down on each count, making sure your last count is a touch, ending with weight on the left.**

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