She Runs Hot



Count: 32 Wall: 4 Level: Improver

Choreographer: Betsy Fischer (USA) - July 2025

Music: She Runs Hot - Ghost Hounds



Intro: Start on Vocals (40 Counts after hard beat)

(1-8) Walk, Walk, Achor Step, Walk Back LF & RF, Coaster Step		
	1, 2	Walk forward on Right Foot, Walk forward on Left Foot
	3&4	Step RF behind LF taking weight on RF, Put weight back on LF, Step back on RF
	5, 6	Walk Back on Left Foot, Walk Back on Right Foot back
	7&8	Step LF Back, Step RF Back to close, Step LF Forward

(9-16) Two Traveling Kick Ball Changes, Rocking Chair

1&2	Kick RF forward, Step on RF, Step on the LF Forward
3&4	Kick RF forward, Step on RF, Step on the LF Forward
5, 6	Rock Forward on RF, Recover weight on back the LF
7, 8	Rock weight back on RF, Recover weight forward on the LF

(17-24) Right Lindy, Hing Turn, Cross, Hold

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1&2	Step RF to Right, Step LF together, Step RF to Right (12:00)	
3, 4	Rock Back on LF, Recover weight Forward on RF (12:00)	
5, 6	Turn 1/4 Right Stepping Back on LF (3:00), Turn 1/4 Right (6:00)	
7, 8	Cross LF over RF, Hold (6:00)	

(24-32) Rock Recover Behind Side Cross, Rock Recover, Sailor 1/4 Turn Left

(2 / 62) Rock Roce of Borning Glad Grock Rock Roce of Galler 1, 1 Family 2011		
1, 2	Rock RF to the Right Side, Recover Weight Back on LF (6:00)	
3&4	Step RF behind LF, Step LF to the Left, Cross RF in Front of LF (6:00)	
5, 6	Rock LF out to the Left Side, Recover Weight Back on RF (6:00)	
7&8	Sweep LF behind RF1/4 Turn Left, Step RF Side, Recover Weight Back on LF (3:00)	

Restart the dance after 16 counts on Wall 3 & Wall 8 (6:00)

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