

Prá Você

Count: 48

Wall: 4

Level: High Beginner

Choreographer: Mega Lienatha Lie (INA) - August 2025

Music: Prá Você - O Filé Do Brega



Intro : 48C

NO TAG NO RESTART

SEC 1 : SIDE, CLOSE, SIDE WITH SWAY, SWAY, HOLD

12 Step RF to R (1), Close LF Next to RF (2) 34 Step RF to R with Sway (3), hold (4)
56 Sway Hips to L (5), Hold (6)
78 Sway Hips to R (7), Hold (8)

SEC 2 : SIDE, CLOSE, SIDE WITH SWAY, SWAY, HOLD

12 Step LF to L (1), Close RF Next to LF (2)
34 Step LF to L with Sway (3), hold (4)
56 Sway Hips to R (5), Hold (6)
78 Sway Hips to L (7), Hold (8)

SEC 3 : SIDE, CLOSE, BACK, HOLD, ¼ LEFT TURN FORWARD LOCK SHUFFLE

12 Step RF to R (1), Close LF Next to RF (2)
34 Step RF Back (3), Hold (4)
56 Turn ¼ L Stepping LF Fwd (5), Lock RF Behind LF (6)
78 Step LF Fwd (7), Hold (8)

SEC 4 : ROCKING CHAIR, HOLD, SWEEP L/R

12 Rock RF Fwd (1), Recover Onto LF (2)
34 Step RF Back (3), Hold (4)
56 Sweep LF Front to Back (5), Hold (6)
78 Sweep RF Front to Back (7), Hold (8)

SEC 5 : FORWARD LOCK SHUFFLE, HOLD, ½ R PIVOT, FORWARD, HOLD

12 Step LF Fwd (1), Lock RF Behind LF (2)
34 Step LF Fwd (3), Hold (4)
56 Step RF Fwd (5), Turn ½ L Weight on LF (6)
78 Step RF Fwd (7), Hold (8)

SEC 6 : CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, CLOSE

12 Cross Rock LF Over RF (1), Recover Onto RF (2)
34 Step LF to L (3), Hold (4)
56 Cross Rock RF Over LF (5), Recover Onto LF (6)
78 Step RF to R (7), Close LF Next to RF (8)

Last Update: 31 Jul 2025