Keep It Real



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Shelley Lindsay (UK)

Music: Let Her Go - Blu Cantrell



WALK FORWARD LEFT, RIGHT, ½ TURNING HIP BUMPS RIGHT, STEP ½ PIVOT TURN

1-2	Step forward	on left ster	forward on right
1 4	OLOD IOI WAI U	OH ICH. SICE	, ioi wai a oii iiaii

3& Step forward on left as you bump hips forward, ¼ turn right bumping hips right

4& ½ turn right bumping hips back, bump hips forward

5-6 Look over left shoulder as you bump hips back, step forward on right

7-8 Step forward on left, ½ turn pivot right

STEP PIVOT, STEP TURN SWIVEL, STEP TOUCH, STEP TOUCH

1-2 Step forward on left, pivot ½ turn right

3&4 Step forward on left, ¼ turn left stepping right to side, turn ¼ pivot left touching left across

right foot

5-6 Step left to side, touch right behind7-8 Step right to side, touch left behind

FULL UNWIND, SHOULDER ROLL, TOUCH HITCH SLIDE, KICK BALL CROSS, KNEES

1 Full unwind left taking weight onto left foot (option: transfer weight to left - no turn)

2 Roll left shoulder back as you click left fingers at waist height

3&4 Touch right to side, hitch right leg, step right to side

5&6& Kick left foot to side, step left in place, step right over left, step left to side 7&8& Feet apart and legs bent, turn both knees out (7), in (&), out (8), in (&)

1/4 TURN PRESS, RECOVER, AND STEP PIVOT, 1/2 TURNING STEP TOUCH STEP TWICE

1-2 Turn ¼ to right pressing weight forward on right, recover weight back on left

Step right next to left instep, step forward on left, pivot ½ turn right

5-6& Step forward on left, ¼ turn right touching right next to left, ¼ turn right stepping forward on

right

7-8& Step forward on left, ¼ turn right touching right next to left, ¼ turn right stepping forward on

right

REPEAT

TAG

Danced at the end of the 2nd and 4th walls

WALK LEFT, RIGHT, STEP PIVOT 1/4 TURN TWICE, STEP 1/4 TURN LEFT, TOUCH RIGHT TO SIDE

1-2 Step forward left, step forward right

3-4 Step forward left, pivot ¼ turn right transferring weight to right 5-6 Step forward left, pivot ¼ turn right transferring weight to right

7-8 Step forward left, ¼ turn left touching right to side

WALK RIGHT, LEFT, STEP PIVOT 1/4 TURN TWICE, STEP 1/4 TURN RIGHT, TOUCH LEFT TO SIDE

1-2 Step forward right, step forward left

3-4 Step forward right, pivot ¼ turn left transferring weight to left 5-6 Step forward right, pivot ¼ turn left transferring weight to left

7-8 Step forward right, ¼ turn right touching left to side