

# Keep On Rocking Baby

**COPPER** KNOB  
STEPSHEETS

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Colin Tremain (UK)

Music: On and On and On - ABBA



## KICK TWICE, FORWARD SHUFFLE, ROCK STEPS, BACK STEP, TOUCH

- 1-2 Left foot kick forward twice  
3&4 Left step forward, right close beside left, left step forward  
5-6 Rock forward onto right, rock back onto left  
7-8 Step back on right, touch left toe beside right

## CROSS, ½ UNWIND, HIP SWINGS, HEEL TOUCH, TOE TOUCH SIDE STEP TOE DRAW

- 9-10 Left step across right, unwind ½ turn to right  
11&12 Left steps left, swinging hips left, right, left  
13-14 Right heel touch forward, right toe touch behind  
15-16 Right step right, draw left toe beside right (no weight)

## STEP, ½ HITCH TURN, COASTER STEP, HEEL TOUCH, TOE TOUCH, SIDE STEP, TOE DRAW

- 17-18 Left step forward, hitch right knee turning ½ turn left on ball of left foot  
19&20 Right step back, left steps beside right, right step forward  
21-22 Left heel touch forward, left toe touch  
23-24 Left step left, draw right toe beside left (no weight)

## RIGHT KICK, KICK, BACK ROCK, KICK, ¼ HITCH TURN, STOMP RIGHT & LEFT

- 25-28 Right foot kick forward twice, rock back on right, rock forward on left  
29-30 Right foot kick forward, hitch right knee turning ¼ left on ball of left  
31-32 Stomp right, stomp left

## BACK STEPS WITH KICKS & CLAPS, ROCK STEPS, COASTER STEP

- 33-34 Right step back, left kick forward and clap  
35-36 Left steps back, right kick forward and clap  
37-38 Rock forward on right, rock back onto left  
39&40 Right step back, left step beside right, right step forward

## ¼ PIVOT TURNS WITH KNEE POPS, DROP HEEL X 4

- 41 Left step forward while pivoting ¼ turn right on ball of right popping right knee forward (for style, swing both hands diagonally to lower left and click fingers)  
42 Drop right heel  
43-48 Repeat counts 41&42 3 times (completing a full turn)

**REPEAT**

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