

Kick Start

Count: 32

Wall: 4

Level: Beginner

Choreographer: Mary Kelly (UK)

Music: Linda Lou - The Tractors



STEP, KICK, BACK, TOUCH, RIGHT SHUFFLE FORWARD, KICK BALL CHANGE

- 1 Step forward right
- 2 Kick left forward
- 3 Step back left
- 4 Touch right back
- 5&6 Right shuffle forward (right-left-right)
- 7&8 Kick left forward, step on ball of left foot, change weight to right foot

STEP, KICK, BACK, TOUCH, LEFT SHUFFLE FORWARD, KICK BALL CHANGE

- 9 Step forward left
- 10 Kick right forward
- 11 Step back right
- 12 Touch left back
- 13&14 Left shuffle forward (left-right-left)
- 15&16 Kick right forward, step on ball of right foot, change weight to left foot

RIGHT VINE, LEFT HIP BUMP, HOLD, RIGHT HIP BUMP, HOLD

- 17 Step to right on right
- 18 Step left behind right
- 19 Step to right on right
- 20 Touch left beside right
- 21 Step slightly to left on left, bumping hips to left
- 22 Hold for one beat with one clap
- 23 Bump hips to right
- 24 Hold for one beat with one clap

LEFT VINE, ROCK, STEP, BACK QUARTER PIVOT

- 25 Step to left on left
- 26 Step right behind left
- 27 Step to left on left
- 28 Touch right beside left
- 29 Rock forward on right
- 30 Rock back in place on left
- 31 Step back on ball of right foot
- 32 Pivot quarter turn to right with weight remaining on left foot

REPEAT
