

# Laid Back In Time (P)

**COPPER KNOB**  
STEPPSHEETS

Count: 56

Wall: 0

Level: Partner

Choreographer: Brian Banbury (UK)

Music: The Heart That You Own - Dwight Yoakam



**Position: Side by Side (Same Footwork)**

## LEFT VINE, SIDE ROCKS

- 1-4 Step left, right behind left, step left doing ½ turn left, right rock right  
5-8 Rock left, rock right, rock left, rock right

**Hands: release hands on vine: pick up man's left and lady's right on the rock counts**

## LEFT VINE, SIDE ROCKS

- 1-4 Step left, right behind left, step left doing ½ turn left, right rock right  
5-8 Rock left, rock right, rock left, rock right

**Hands: release hands on vine, resume side by side position**

## STEP, TOUCH, STEP, LOCK, STEP, TOE, HEEL, TOE

- 1-4 Left forward, touch right beside left, right forward diagonal right, left behind right, right forward diagonal right, touch left toe by right  
5-8 Touch left heel forward, touch left toe across front of right

## LEFT VINE, TOUCH, DIAGONAL LOCK, TOUCH

- 1-4 Step left, right behind left, step left, right touch beside left  
5-8 Right forward diagonal right, left behind right, right forward diagonal right, touch left beside right

## LEFT, RIGHT, LEFT, RIGHT SHUFFLES TRAVELING DOWN LOD

- 1&2-3&4 Left shuffle turning ¼ left (moving forward), right shuffle turn ¼ left (backwards down LOD)

**Hands: release right hands on 1st & 2nd shuffle**

- 5&6-7&8 Left shuffle turning ¼ left (facing outside LOD), right shuffle turn ¼ left (forward down LOD)

**Rejoin hands on second 3rd shuffle (man behind lady)**

## ¼ TURN RIGHT HOLD, ROCK, HOLD, LEFT VINE, ¼ TURN LEFT

- 1-2 On ball of right pivot ¼ turn right, left step left (weight on left), hold  
3-4 Change weight to right, hold  
5-8 Step left, right behind left, left step left into ¼ turn left, brush right through

## LOCK STEP, TOUCH STEP TWICE

- 1-4 Right forward diagonal right, left behind right, right forward diagonal right, touch left beside right  
5-8 Left forward diagonal left, touch right beside left, right forward diagonal right, touch left beside right

**REPEAT**