Land Down Under

Count: 32

Level: Intermediate

Choreographer: Hedy McAdams (USA)

Music: Down Under - Men At Work

A special thank you to Jeanette Feinberg, San Mateo, California, for suggesting the recommended music for

this choreography, and to Sheila Lee, of Brea, California, for suggesting the country alternative

RIGHT-LEFT-RIGHT, SKATE, SKATE, LEFT-RIGHT-LEFT, RIGHT, BACK 1&2 Angling body left, shuffle forward, right-left-right

- 3 Turn body 1/4 left (9:00) and skate (slide-step) left to the left 4 Angle body right and skate (slide-step) right to the right 5&6 Turn body ¼ left (6:00) and shuffle forward left-right-left
- 7-8 Step right to right, step left back

You should be facing 6:00 wall, weight left

CROSS & CROSS, LEFT, BACK, CROSS, & CROSS, & CROSS, TURN

- 1&2 Cross shuffle left, right over left, right-left-right
- 3-4 Step left to left, step right to right and back
- 5 (Begin cross shuffle to right) cross left over right
- &6 (Short) step right to the right, cross left over right
- &7 (Short) slide-step right to right, cross left over right
- 8 Step right to right and turn body 1/4 left (3:00)
- You should be facing 3:00 wall, weight right

WALK, TAP, CROSS-BALL-STEP, WALK, TAP, CROSS-TURN-SIDE

- 1 Step left forward (bending left knee into a "dip")
- 2 (Straighten left knee to standing) tap right toe diagonally forward right
- 3 (Begin cross-ball-step) cross right over left
- &4 Step ball of left to left, step right forward
- 5 Step left forward (bending left knee into a "dip")
- 6 (Straighten left knee to standing) tap right toe diagonally forward right
- 7 (Begin cross-ball-side with a turn) cross right over left
- & Turn body 1/4 right (6:00) and rock-step ball of left to left
- 8 Step right to right (and slightly back)
- You should be facing 6:00 wall, weight right

CROSS, & BEHIND -& CROSS, TURN, BACK-TOGETHER-FORWARD, FULL TURN, STEP

- 1 (Begin running vine) cross left over right
- &2 Step right to right, step left behind right
- &3 Step right to right, cross left over right
- 4 Turn body 1/4 left (3:00) and step right back
- 5 (Begin coaster-step) step left back
- & Step right beside left
- 6 Step left forward (with left toe pointed left)
- 7 Step forward on ball of right and turn a full turn left

You needn't make it all the way around in one count. It is ok to use count 8 to complete the turn

Step left forward 8

REPEAT





Wall: 4