Liberty Hip Hop



Count: 28 Wall: 4 Level:

Choreographer: Charlie Bowring (UK)

Music: Forget Me Not - The Dean Brothers



HITCH HIKES

Right swivet, and back to center (moving right thumb like hitching a lift)
Right swivet, and back to center (moving right thumb like hitching a lift)
Left swivet, and back to center (moving left thumb like hitching a lift)
Left swivet, and back to center (moving left thumb like hitching a lift)

CROSS-ROCK, HOLD, CROSS-ROCK, HOLD

5 Rock right foot across in front of left

6 Hold

7 Rock left across in front of right (lifting right slightly)

8 Hold

RUNNING MAN

& Slide left foot back, lifting right foot

9 Step right in place

& Slide right foot back, lifting left foot

10 Step left in place

& Slide left foot back, lifting right

11 Step right foot in place

& Slide right foot back, lifting left

Step left in placeHitch right

HITCH SLIDE, STEP, STOMP, STOMP

13-16 Slide right foot to right side
17 Step left foot in place
& Step right foot in place
18 Step left foot in place

JUMPING JACKS

19 Jump both feet apart

20 Jump both feet together, crossing right foot over left

21 Jump both feet apart

Jump both feet together, crossing left foot in front of right
Jump both feet apart, ending with weight on left foot

TURNING ELECTRIC JUMPS

23	Jump both feet together
&	Jump both feet apart

24 Jump both feet together and turn 1/8 turn left

& Jump both feet apart

Jump both feet together and turn 1/8 turn left

& Jump both feet apart

Jump both feet together and turn 1/8 turn left

& Jump both feet apart

27 Jump both feet together and turn 1/8 turn left

& Jump both feet apartJump both feet together

REPEAT