

A Little Rock N Stroll (P)

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 0

Level: Partner

Choreographer: Diane Jackson (UK)

Music: More and More and More - The Bellamy Brothers



Position: Start in Closed Western, Man facing OLOD (Man's steps listed)

OPPOSITE FOOTWORK

ROCKING CHAIR, SIDE TOGETHER SIDE, TOUCH

- 1-4 Rock forward on left, back on right, rock back on left, forward on right
5-8 Step left to left side, right next to left, left to left side, touch right next to left

ROCKING CHAIR, SIDE TOGETHER ¼ TURN BRUSH

- 9-12 Rock back on right, forward on left, rock forward on right, back on left
13-16 Step right to side right, next left to right, right to side right, turning ¼ turn to face RLOD brush left

STEP PIVOT ½ TURN STEP, KICK, ¼ TURN TOUCH & CLAP, ¼ TURN KICK

Release hands on pivot turn, pick up inside hands on step kicks

- 17-20 Step forward on left, pivot ½ turn right to face LOD, step forward on left, kick right across left
21-24 Step right to right side turning ¼ to face partner, touch left next to right, clap partners hand, step back on left turning ¼ to face LOD, kick right across left

MAN VINE RIGHT, TOUCH, LADY VINE LEFT, TOUCH

Man vine behind lady changing hands

- 25-28 **MAN:** Step right to right side, left behind right, right to right side, touch left next to right
LADY: Step left to left side, right behind left, left to left side, touch right next to left

Lady option: step left-right-left, touch right full turn left across in front of man to end facing LOD on mans left

MAN VINE LEFT ¼ TURN STEP,. LADY (3 STEP) 1 ¼ TURNS RIGHT TOUCH

Man vine behind lady, to end facing OLOD behind lady in Indian Position

- 29-32 **MAN:** Step left to left side, right behind left, step left to left side turning ¼ right, step right next to left

Lady turn right across in front of man to end facing OLOD, Indian Position

LADY: Stepping right-left-right, touch left (option: vine right, ¼ turn touch)

Now facing OLOD indian position, man behind lady, hands at shoulder height, ready to continue on same footwork till end of dance

SAME FOOTWORK

ROCKING CHAIR, SIDE TOGETHER SIDE, TOUCH

- 33-36 Rock forward on left back on right, back on left forward on right
37-40 Step left to left side, right next to left, step left to left side, touch right next to left

ROCKING CHAIR, SIDE TOGETHER ¼ TURN BRUSH

- 41-44 Rock forward on right, back on left, back on right forward on left
45-48 Step right to right side, left next to right, step right to right side turning ¼ turn to face RLOD brush left

STEP PIVOT ½ TURN RIGHT, STEP BRUSH, STEP LOCK STEP ¼ TURN BRUSH

Release left hands raise right, rejoin into right side by side

- 49-52 Step forward on left, pivot ½ turn right, step forward on left, brush right
53-56 Step forward on right, slide left up behind right, step forward on right, brush left turning ¼ right OLOD

SIDE BEHIND SIDE, TOUCH, ROCK STEP, STEP TOUCH (LADY STEP PIVOT ½, TOUCH, HOLD)

Now back in Indian Position, man behind lady

57-60 Step left to left side, right behind left, step left to left side, touch right next to left

61-64 **MAN:** Rock forward on right, back on left, step back on right, touch left next to right

LADY: Step forward on right, pivot ½ turn left to face partner, touch right next to left, hold

Now back in Closed Western, on opposite footwork ready to start again

REPEAT
