ROCK LEFT, HIP BUMPS
1 Rock to left on left foot, bumping hips to left
2 Bump hips to right
3 Bump hips to left
& Bump hips to right
4 Bump hips to left

STEP RIGHT, LEFT TOGETHER, RIGHT SIDE-SHUFFLE
5 Step to right on right foot
6 Step on left foot beside right
7 Step to right on right foot
& Step on left foot beside right
8 Step to right on right foot

CROSS-ROCK, RECOVER, LEFT SIDE-SHUFFLE WITH ¼ TURN
9 Cross-rock left foot over right
10 Rock back, and recover weight onto left foot
11 Step to left on left foot turning ¼ left
& Step on right foot beside left
12 Step forward on left foot

Choreographer's variation
TRIPLE-TURN TURNING 1 ¼ TURN TO LEFT
11 Step to left on left foot turning ¼ left
& Step back on right foot turning ½ left
12 Step forward on left foot turning ½ left

RIGHT SHUFFLE FORWARD, ROCK FORWARD RECOVER
13 Step forward on right foot
& Step on left foot beside right
14 Step forward on right foot
15 Rock forward on left foot
16 Rock back, and recover weight onto right foot

SYNCOPATED LOCK-STEPS MOVING BACK
17 Step back diagonally-left on left foot
& Lock-step right foot to the outside of left foot
18 Step back diagonally-left on left foot
19 Step back diagonally-right on right foot
& Lock-step left foot to the outside of right foot
20 Step back diagonally-right on right foot
21 Step back diagonally-left on left foot
& Lock-step right foot to the outside of left foot
22 Step back diagonally-left on left foot

ROCK BACK, RECOVER
23 Rock back on to right foot
Rock forward, and recover weight onto left foot

SYNCOPATED CROSS-ROCK STEPS

25  Rock to right on right foot
&  Recover weight onto left foot in place
26  Cross-step right foot over left
27  Rock to left on left foot
&  Recover weight onto right foot in place
28  Cross-step left foot over right
29  Rock to right on right foot
&  Recover weight onto left foot in place
30  Cross-step right foot over left

You will move forward on counts 25-30

STEP FORWARD, PIVOT ½ TURN

31  Step forward on left foot
32  Pivot ½ turn to right

REPEAT