## **Liverpool Fling**



Count: 0 Wall: 4 Level: Advanced

Choreographer: Stephen Sunter (UK)

Music: One Night Stand - Mis-Teeq

Sequence: ABC, ABC, AA, B 16 Counts Only Tag, BB

## PART A

### WALK, WALK, HEEL, SLAP, HEEL, SLAP, STEP, STEP FORWARD, ½ TURN, STEP BACK

1-2 Step forward right, step forward left

Touch right heel forward, hitch right & slap knee with right hand
Touch right heel forward, hitch right & slap knee with right hand

5-6 Step down on right, step forward left

7-8 Pivot ½ turn right keeping weight on left, step back on right

# TWIST HEELS ½ TURN, STEP BACK, POINT & BUMP, STEP FORWARD, SIDE STEP, POINT BEHIND, SIDE STEP

9&10	Twist heels left, center, left making ½ turn right and keeping weight on left
11-12	Step back right, point back left and push left hip back
13-14	Step forward left, make ¼ turn left and step right-to-right side
15-16	Point left behind right, step left to side and slide right toward left

#### KICK ACROSS, SIDE STEP, CROSS STEP LEFT, UNWIND 1/2 RIGHT, REPEAT

17&18	Kick right in front of left, step right to side, cross step left over right
19&20	Bounce heels making ½ turn right and keeping weight mainly on left
21&22	Kick right in front of left, step right to side, cross step left over right
23&24	Bounce heels making ½ turn right and keeping weight mainly on left

# STEP BACK, CROSS STEP, SIDE STEP TWICE, STEP BACK, CROSS STEP, ¾ UNWIND, KICK BALL STEP

&25-26	Step back right, cross step left over right, step right to side
&27-28	Step back left, cross step right over left, step left to side
&29-30	Step back right, cross step left over right, turn ¾ right keeping weight left
31&32	Kick right, step right next to left, step forward left

#### **PART B**

### STOMP, FLICK, STEP, MASH POTATO, STOMP, FLICK, STEP, MASH POTATO

1&2	Stomp right heel next to left, flick right heel back and to the side, step right slightly forward
&3	Split heels, bring heels together dragging right foot back
&4	Split heels, bring heels together dragging left foot back (keep weight on right)
5&6	Stomp left heel next to right, flick left heel back and to the side, step left slightly forward
&7	Split heels, bring heels together dragging left foot back
&8	Split heels, bring heels together dragging right foot back (keep weight on right)

#### BACK ROCK, 3/4 TURN, DIP DOWN, TOGETHER, SHOULDER MOVE, STEP FORWARD, 3/4 PIVOT

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9-10	Rock back left, replace weight to right		
11-12	Make ¾ turn right on ball of right foot and step left next to right, large step right and crouch down		
13	Drag and touch left next to right while standing		
&14	Lift right shoulder and lower left, lift left shoulder and lower right		
15-16	Step forward left, pivot ½ right keeping weight back on left		

#### STEP BACK, HAND, HIPS BUMPS, KICK, CROSS SHUFFLE

17-18 Step back right, place right hand on right hip

Alternatively you can just click your fingers

19&20&21 Bump hips forward, back, forward, back, forward When bumping hips start standing and dip knees, and finish standing

22-23&24 Kick left, cross-left over right, step back right, cross left over right

#### UNWIND ¾, CROSS STEP, SIDE STEP, TOUCH BEHIND, ¼ TURN STEP, FULL TURN WITH TOUCH

Unwind ¾ right finishing with weight on right, cross step left over right

Step right, touch left behind right, make ¼ turn left and step forward left

&30&31&32 Make a full turn left, hitching right on the & counts and pointing on the whole counts

### PART C

### STOMP, FLICK, STEP, MASH POTATO, BACK OUT, OUT, CLAP

1&2 Stomp right heel next to left, flick right heel back and to the side, step right slightly forward

&3 Split heels, bring heels together dragging right foot back

&4 Split heels, bring heels together dragging left foot back (keep weight on right)

5-6 Large step back left, drag right next to left

&7-8 Step right slightly back and out, step left slightly to left, clap

**TAG** 

1-2 Sweep right leg and make a ¾ turn right, step back right and pop left knee

3-4 Pop right knee, pop left knee Transfer weight to left ready to start Part B.