## Lonestarlet

Count: 0
Wall: 4
Level: Intermediate
Choreographer: John Elliott (USA)
Music: Up-tempo Swing rhythm

## PART A <br> RIGHT \& LEFT HEEL TAP SEQUENCE

1
2
\&
3
4

5
6
\&
7
8

## SYNCOPATED RIGHT HEEL JACK, HALF TURN RIGHT

Uh* (Right foot) step backward on ball of foot (push backward from left foot)
1 (Left foot) touch heel forward
2 (hold) snap fingers of right hand out to right side
Uh
3
4
Uh
5
6
7

8

## LEFT \& RIGHT HEEL TAP SEQUENCE

1
2
\&
3
4

5
6
\&
7
8
(Left foot) tap heel forward (6:00)
(Left foot) tap heel forward toward 4:30
Turn $1 / 4$ toward left to face 3:00
(Left foot) tap heel forward toward 3:00
(Left foot) step together next to right foot
(Right foot) tap heel forward (3:00)
(Right foot) tap heel forward toward 4:30
Turn $1 / 4$ toward right to face 6:00
(Right foot) tap heel forward toward 6:00 again
(Right foot) step together next to left foot

## SYNCOPATED LEFT HEEL JACK, HALF TURN LEFT, HIP SWAY

Uh (Left foot) step backward on ball of foot (push backward from right foot)
1 (Right foot) touch heel forward
$2 \quad$ Hold snap fingers of left hand out to left side
Uh

## PART B

## ROCK \& LOCK STEPS

Make the steps in this sequence small and precise, especially the lock steps, so that you can do them at the faster tempos.
(Left foot) rock step forward
(Right foot) rock step backward (Replace)
(Left foot) rock step backward
(Right foot) cross step forward over left foot
(Left foot) lock step forward behind right foot
(Right foot) step forward
(Left foot) rock step forward
(Right foot) rock step backward (Replace)
(Left foot) cross step backward behind right foot
(Right foot) lock step backward over left foot
BACK, SIDE, FORWARD, HITCH; STEP, HITCH, SLIDE
1 (Left foot) step backward
2 (Right foot) step to right side
3

4
(Left foot) step forward
(Right foot) hitch left knee and scoot forward on right foot
(Right foot) step forward
(Left foot) hitch left knee and scoot forward on right foot
(Left foot) step to left side
(Right foot) slide right foot next to left foot
(Right foot) lift foot next to left ankle and turn to towards the right in preparation for next step

## HEEL STRUT TURNING THREE-QUARTERS TO RIGHT

This is a tight little turn taking 8 beats of music.
1 (Right foot) heel step diagonal forward (toes up) toward 3:00
2
3
4

5
6
7
8
(Right foot) drop toes down (foot flat)
(Left foot) heel step diagonal over right foot (toes up) toward 4:30
(Left foot) drop toes down (foot flat)
(Right foot) heel step diagonal (toes up) toward 7:30
(Right foot) drop toes down (foot flat)
(Left foot) heel step diagonal over right foot (toes up) toward 9:00
(Left foot) drop toes down (foot flat)-now facing 9:00

## SHUFFLE FORWARD, POINT \& HOLD, TURN, CLAP, SHIFT

(Right foot) step forward
(Left foot) small step forward (instep next to right heel)
$\begin{array}{ll}\& & \text { (Left foot) small step forward ( } \\ 2 & \text { (Right foot) small step forward }\end{array}$
3
(Left foot) step forward
\& (Right foot) small step forward (instep next to left heel)
(Right foot) step forward, all weight over this foot
(Right foot) turn sharply full turn to left, weight change to right foot--now facing 3:00, your new front wall
Uh (Left foot) step together next to right foot, clap hands

