

Lost Cowboy

Count: 32

Wall: 4

Level: Improver

Choreographer: Donna Caudill (USA)

Music: Lost Cowboy - The Pony Express Band



LINDY BASIC PATTERN STARTING WITH WEIGHT ON LEFT FOOT

- 1&2 Side shuffle right (right, left, right)
- 3-4 Step left, turn ½ right
- 5&6 Side shuffle left (left, right, left)
- 7-8 Rock step back on right, step forward on left

LINDY BASIC PATTERN STARTING WITH WEIGHT ON LEFT FOOT

- 1&2 Side shuffle right (right, left, right)
- 3-4 Step left, turn ½ right
- 5&6 Side shuffle left (left, right, left)
- 7-8 Rock back on right, step forward on left

POINT CROSSES

- 1-2 Point right foot to right side, cross over left (change weight to right)
- 3-4 Point left foot to left side, cross over right (change weight to left)
- 5-6 Point right foot to right side, cross over left (change weight to right)
- 7-8 Point left foot to left side, cross over right (change weight to left)

KICK BALL CHANGE 2X, ¼ JAZZ BOX SQUARE TURN TO RIGHT

- 1&2 Kick right, step on ball of right, change weight to left foot
- 3&4 Kick right, step on ball of right, change weight to left foot
- 5-8 Cross right over left, step back left, step right to right side and turn ¼ to right, step on left

REPEAT
