

Lost In The Shuffle

Count: 62

Wall: 4

Level:

Choreographer: Kelly Hinds (AUS)

Music: Lost In the Shuffle - Michael Peterson



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|-------|---|
| 1-2 | Rock forward onto left, rock back onto right |
| 3-4 | Repeat last 2 beats |
| 5&6 | Shuffle forward, right-left-right |
| 7-8 | Rock forward onto right, rock back onto left |
| 9&10 | Turn $\frac{3}{4}$ to the right on the spot stepping right-left-right |
| 11-12 | Step to left on left, pivot $\frac{1}{2}$ to the right on ball of left foot, step to right on right |
| 13-16 | 2 right hip bumps, 2 left hip bumps |
| 17-18 | Hip grind in a circle to the left from right to left while heels are raised |
| 19-20 | 2 right bumps |
| 21-24 | Rolling vine left with an extra $\frac{1}{4}$ turn to the left scuffing right forward on 4th beat |
| 25-28 | Shuffle forward right-left-right, shuffle forward left-right-left |
| 29-30 | Scuff right forward, hitch right knee up |
| 31-32 | Step right toe across left foot, bring right heel down taking weight |
| 33-36 | Touch left toe to side & slightly forward, tap left heel 3 times |
| 37-40 | Swivel to the left, heels, toes, heels, toes |
| 41-44 | Rolling vine right touching left toe beside right on the 4th beat |
| 45&46 | Left 45, touch left beside right, jump right over left |
| 47-50 | Repeat last 2 beats twice |
| 51-52 | Unwind $\frac{3}{4}$ to the left |
| 53&54 | Shuffle to the right stepping right-left-right |
| 55-56 | Rock left behind right, rock forward onto right |
| 57&58 | Shuffle to the left stepping left-right-left |
| 59-60 | Rock right behind left, rock forward onto left |
| 61&62 | Shuffle forward right-left-right |

REPEAT
