

Lost In You

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Debby Thompson (UK)

Music: My Heart Is Lost to You - Brooks & Dunn



ROCK STEP, CROSS SHUFFLE, ROCK STEP, CROSS SHUFFLE

- 1-2 Rock right to right side, rock left in place
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Rock left to left side, rock right in place
- 7&8 Cross left over right, step right to right, cross left over right

STEP ¼ PIVOTS LEFT TWICE, ROCK STEPS, TRIPLE ½ TURN RIGHT

- 9-10 Step forward right, pivot ¼ turn left
- 11-12 Step forward right, pivot ¼ turn left
- 13-14 Rock forward right, rock back on left
- 15&16 Triple step ½ turn right stepping right, left, right

ROCK STEP, BACK LOCKS STEP, POINT UNWIND ½ RIGHT, LEFT SHUFFLE

- 17-18 Rock forward onto left, rock back onto right
- 19&20 Step back on left, lock right over left, step back on left
- 21-22 Point right toe back, unwind ½ turn right (weight ends on right)
- 23&24 Step forward on left, close right beside left, step forward on left

ROCK STEP, TRIPLE ¾ TURN RIGHT, ROCK STEP, COASTER CROSS

- 25-26 Rock forward onto right, rock back onto left
- 27&28 Triple ¾ turn right stepping right, left, right
- 29-30 Rock forward onto left, rock back onto right
- 31&32 Step back onto left, close right beside left, cross left over right

REPEAT
