## Lost Shuffle

Count: 48 Wall: 4 Level: Intermediate
Choreographer: Nancy Morgan (USA)
Music: Lost In the Shuffle - Michael Peterson

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HEEL CROSS HEEL, TOE IN, TAP HEEL 1⁄4 TURN TO YOUR RIGHT, STOMP, 1⁄2 TURN
1-2-3 Put right heel forward, cross right over left, put right heel forward
4-5-6 Touch right toe to left instep, turn }1/4\mathrm{ turn to right and put right heel forward, stomp right
    forward
7-8 Step left foot forward, turn }1/2\mathrm{ turn to your right
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## HEEL CROSS HEEL, TOE IN, TAP HEEL $1 / 4$ TURN TO YOUR LEFT, STOMP, $1 ⁄ 2$ TURN

1-2-3 Put left heel forward, cross left over right, put left heel forward
4-5-6 Touch left toe to right instep, turn $1 / 4$ turn to left and put left heel forward, stomp left forward 7-8 Step right foot forward, turn $1 / 2$ turn to your left (weight is on right)

STEP HITCH, STEP HITCH, STEP HITCH, SWIVEL, SWIVEL ¼ TURN
1-2 Step left to left side, lift right foot over left knee and hop on left forward
3-4 Set right foot down (shoulder width), lift left foot over right knee and hop on right forward
5-6 Step left to left side, lift right foot over left knee and hop on left forward
7-8 Set left foot down as you turn both feet from right to left making a $1 / 4$ turn left

| SHUFFLE FORWARD, STEP $3 / 4$ TURN, SIDE SHUFFLE LEFT, COASTER STEP |  |
| :--- | :--- |
| $1 \& 2$ | Shuffle forward - right, left, right |
| $3-4$ | Step left forward, turn $3 / 4$ turn to your right |
| $5 \& 6$ | Side shuffle to left - left, together, left |
| $7 \& 8$ | Step back right, step back left, step forward right |

TOUCH HOLD, AND TOUCH AND TOUCH AND CROSS HOLD, TURN HOLD
1-2 $\quad$ Touch left toe out to left side, clap
\&3 Put left next to right as you put you touch right toe out to right side
\&4 Put right next to left as you put you touch left toe out to left side
\&5-6 Put left next to right as you cross right over left, clap
7-8 Turn $1 / 2$ turn to your left, clap
GRIND, COASTER STEP, GRIND WITH ¼ TURN, COASTER STEP
1-2 Grind right heel from left to right
3\&4 Step back on your right, back on left, forward on right
5-6 $\quad$ Grind left heel $1 / 4$ turn to your left from right to left
$7 \& 8 \quad$ Step back on your left, back on right, forward on left
REPEAT

