

# Lost Without You

Count: 48

Wall: 4

Level: Intermediate waltz

Choreographer: Pam Scott (USA)

Music: Time to Remember - Boney M.



## STEP RIGHT, TOGETHER, CROSS, STEP LEFT, TOGETHER, CROSS

- 1-3 Stride right on the right, step together and slightly behind with the left, cross step right over left  
4-6 Stride left on the left, step together and slightly behind with the right, cross step left over right

## STEP RIGHT, ½ TURN LEFT, CROSS, SIDE ROCK, RECOVER, CROSS

- 1-3 Stride right on the right, ½ turn to the left stepping on the left down the line of dance, cross step right over left (you are now facing the back wall)  
4-6 Side rock left, recover on the right, cross step left over right

## STEP, DRAG, TOUCH, ¼ STEP LEFT, FULL TURN

- 1-3 Stride right on the right, drag the left toe to the right foot, hold  
4-6 Step ¼ left with left, full turn left - 2 counts

## FORWARD RIGHT COASTER, STEP BACK, TOUCH, TURN TWIST RIGHT

- 1-3 Stride forward on the right, step together with the left, step back on the right  
4-6 Stride back on the left, touch the right toe near the left instep, with weight on the left foot and right toe, twist a ½ turn to the right keeping weight on the left foot (you will end up with your right foot slightly crossed over the left)

## RIGHT STEP FORWARD, FULL RIGHT TURN, LEFT STEP FORWARD, FULL LEFT TURN

- 1-3 Stride forward on the right, full right turn (down line of dance) - 2 counts  
4-6 Stride forward on the left, full left turn (down line of dance) - 2 counts

## CROSS LUNGE, RECOVER, ½ TURN RIGHT, LOCK STEP FORWARD

- 1-3 Forward cross lunge on the right, recover on the left, ½ turn right stepping on the right  
4-6 Stride forward on the left, step lock right behind left, step forward on the left

**When doing a waltz lock step, turn the upper body slightly so that the shoulder is aligned with the foot leading the lock step**

## CROSS LUNGE, RECOVER, ¼ TURN RIGHT, LEFT TWINKLE

- 1-3 Forward cross lunge on the right, recover back on the left, step ¼ turn to the right  
4-6 Cross stride left over right, step on the right, step back down on the left

## RIGHT TURNING TWINKLE, CROSS, STEP, BEHIND

- 1-3 Cross stride right over left, step back on the left into a ¼ turn right, step right on the right  
4-6 Cross stride left over right, step right to right side, cross left behind right

## REPEAT

## TAG

### After the 2nd wall

- 1-3 Step right with the right, cross rock left over right, recover back on the right  
4-6 Step left and slightly forward with the left, step behind with the right, step left with the left  
7-9 Cross rock right over left, recover back on the left, step right with the right  
10-12 Cross stride left over right, step right to right side, cross left behind right

**When dancing to "Captured" by Rick Tippe, omit the tag after the first wall, but then dance all 48 counts plus the tag for every wall after that**

This dance is dedicated with love to my husband Cliff for our anniversary, and in great appreciation for his love, support, encouragement, and understanding of everything I do in the name of dance. Cliff, when I'm away teaching for weeks or weekends at a time, I do feel "lost without you".

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