# Love On The Run

**Count: 32** 

Level: Improver

Choreographer: Levi J. Hubbard (USA)

Music: Caribbean Queen - Billy Ocean

This dance is dedicated to my Mom, who loves this song and asked me to choreograph a dance to it.

## SYNCOPATED CROSS-BALL ROCKS, MAMBO FORWARD, MAMBO BACKWARDS

- 1 Right - cross step on (ball of) foot in front of left foot, while slightly lifting left foot off floor & Left - lower foot back to floor 2 Right - step back in place 3 Left - cross step on (ball of) foot in front of right foot, while slightly lifting right foot off floor & Right - lower foot back to floor 4 Left - step back in place 5 Right - step (rock) slightly forward, while slightly lifting left foot off floor & Left - lower foot back to floor 6 Right - step back in place 7 Left - step (rock) slightly backward, while slightly lifting right foot off floor & Right - lower foot back to floor 8 Left - step back in place (2) ¼ TURNS (LEFT) WITH HIP ROLLS, VINE (RIGHT) WITH ¼ TURN (RIGHT), HITCH
  - Right step slightly forward 9
  - 10 On (balls of) both feet pivot 1/4 turn left
  - 11 Right - step slightly forward
  - 12 On (balls of) both feet pivot 1/4 turn left

### On counts 9-12 roll hips to the left ending with weight on left foot

- 13 Right - step to side
- 14 Left - cross step behind right foot
- 15 Right - turning 1/4 turn right, step forward
- 16 Left - hitch up knee

### (2) STEPS BACKWARDS, COASTER STEP, MODIFIED KICK-BALL CHANGES

- 17 Left - step backwards
- 18 Right - step backwards
- 19 Left - step backwards on (ball of) foot
- & Right - step together on (ball of) foot
- 20 Left - step forward
- 21 Right - turning body 1/8 turn right, kick foot diagonally forward across left foot (keeping head forward & dropping right shoulder slightly down, left shoulder up)
- Right step together on (ball of) foot (turn to face forward) &
- 22 Left - step slightly forward
- 23 Right - turning body 1/8 turn right, kick forward diagonally forward across left foot (keeping head forward & dropping right shoulder slightly down, left shoulder up)
- & Right - step together on (ball of) foot (turn to face forward)
- 24 Left - step slightly forward

Arm styling for counts 21 and 23: when kicking forward, bring right arm up in ½ circle left punching fist upwards while punching left fist diagonally towards floor

Arm styling for counts &22 and &24: bring left arm up to middle chest, while punching right fist diagonally towards floor

(RIGHT & LEFT) LUNGES WITH HIP ROCKS, STEP TOGETHER, HOLD





Wall: 4

- 25 Right step out to side in a lunge, while bumping right hip to side
- & Left shift weight to foot & bump left hip to side
- 26 Right shift weight to foot & bump right hip to side
- & Left shift weight to foot & bump left hip to side
- 27 Right bring foot back next to left
- 28 Hold for (1 count) while clapping hands together
- 29 Left step out to side in a lunge, while bumping left hip to side
- & Right shift weight to foot & bump right hip to side
- 30 Left shift weight to foot & bump left hip to side
- & Right shift weight to foot & bump right hip to side
- 31 Left bring foot back next to right
- 32 Hold for (1 count) while clapping hands together

#### REPEAT