Love Really Hurts

Level: Improver

Choreographer: Kate Martin (UK)

Count: 32

Music: Love Really Hurts Without You - Billy Ocean

Wall: 2

1-2-3-4	Left heel bounce x 4, while left arm extended, palm downwards, sweeping out to the left in time with heel bounces
5-6-7-8	Right heel bounce x 4, while right arm extended, palm downwards, sweeping out to the right in time with heel bounces
9&10	Shuffle to the left
11-12	Rock back on the right foot, then back onto the left foot
13	Step right foot to the right side
14	Step left foot behind right
&	Step right foot to right side, turning a ¼ turn to the right
15-16	Step rock forward onto left foot, then rock back onto right foot
17&18	Starting with the left foot, sailor step
19&20	Starting with the right foot, sailor step
21-22	Step left foot behind right and unwind half a turn
23-24	Body roll
25-26	Bump hips left, right
27-28	Bump hips twice to the left
29-30	Bump hips twice to the right
31&32	Left kick ball change, turning ¼ turn to the left
REPEAT	

