Love Stoned

Count: 32

Level: Beginner hip hop

Choreographer: Joanne Wong (MY)

Music: Lovestoned - Justin Timberlake

The song is really long so it is suggested that the music is cut to approximately 4 minutes

KICK, OUT, OUT, SAILOR STEP, UNWIND ¾ LEFT, SIDE, HITCH

1&2 Kick right foot forward, step back on right, step left to left side

Wall: 4

- 3&4 Step right behind left, step left beside right, step right to right side
- 5-6 Cross left behind right, unwind ³⁄₄ turn left
- 7-8 Step right to right side, hitch left beside right

Styling: on count 8, crunch body slightly inwards

SHOULDER POPS, STEP ¼ LEFT, LOCK, LOCK STEPS, SIDE ¼ LEFT, TOUCH

- 1-2 Pop left shoulder to left, pop right shoulder to right
- 3-4 Making a ¼ turn left, step forward on left, lock right foot behind left

Styling: for counts 1 - 4, optional body rolls can be done

- 5&6 Step forward on left, lock right behind left, step forward on left
- 7-8 Making a ¼ turn left, step right to right side, touch left behind right

SIDE, CROSS, HITCH, HIP BUMPS, ½ TURN LEFT, SIDE

- 1-2 Step left to left side, cross right over left
- 3&4 Hitch left knee beside right, step left to left side, bump hips to left side
- 5-6 Bump hips twice to the right (5 6)
- 7-8 Making a ¹/₂ turn left, step left to left side, step right to right side

HIP ROLL, ¼ TURN LEFT FORWARD, ¼ TURN LEFT TOUCH, STEP TOUCH TWICE

1-2 Roll hips to the left from right to left (1 - 2)

Styling: for counts 1 - 2, a body roll can be done

- 3-4 Making a ¼ turn left, step forward on left, making a ¼ turn left, touch right beside left
- 5-6 Step diagonally forward on right, touch left beside right
- 7-8 Step diagonally forward on left, touch right beside left

REPEAT

