Mambo No 5

Count: 48

Level:

Choreographer: Danny Richards (AUS)

Music: Mambo No.5 - Lou Bega

LEFT VINE, RIGHT VINE (CROSSED IN FRONT)

- Step left to left side, step right over left, step left to left side, point right out to right side 1-4
- 5-8 Step right to right side, step left over right, step right to right side, point left out to left side

FORWARD SHUFFLES MAMBO STYLE, STEP LEFT SIDE & SNAP, STEP RIGHT SIDE & SNAP

1-4 Shuffle forward with hip movements (left-right-left), (right-left-right)

Wall: 0

5-8 Step left to left, tap right next to left & snap, step right to right, tap left next to right & snap

WALKS BACK & CLAP ONCE, WALKS BACK & CLAP TWICE

- Walk backwards left-right-left hold & clap once 1-4
- 5-8 Walk backwards right-left-right - hold & clap twice

SPRING BALL CHANGES, KICK RIGHT FOOT FORWARD & BACK

- Spring left onto left foot, ball change (right-left) 1&2
- 3&4 Spring right onto right foot, ball change (left-right)
- 5&6 Spring left onto left foot, ball change (right-left)
- 7-8 Kick right foot forward, bending right knee swing right foot back

HIPS TO RIGHT, HIPS TO LEFT, STEP ¼ TURN, STEP ¼ TURN

- Stepping on right at right 45 push hips twice to right, push hips twice to left 1-4
- 5-8 Step forward on right, ¼ turn left, step forward on right, ¼ turn left (use hips on turns)

3 KICK BALL CHANGES WITH ¼ TURNS LEFT, STOMP FORWARD RIGHT FOOT, HOLD

- 1&2 Kick right foot forward, turn 1/4 left on ball change (right-left)
- 3&4 Kick right foot forward, turn 1/4 left on ball change (right-left)
- 5&6 Kick right foot forward, turn 1/4 left on ball change (right-left)
- 7-8 Stomp right foot a bit forward (keep weight on right), hold for 1 beat

REPEAT



