

Mambo Shuffle

Count: 40

Wall: 4

Level: Intermediate

Choreographer: J.W. Grimes

Music: Thinkin' About You - Trisha Yearwood



The dance "Sex On The Beach" appears to be a badly remembered version of Mambo Shuffle, where the mambo steps in the first 16 counts are done once each instead of twice. So the mambo steps in "Sex On The Beach" only take 8 counts instead of 16.

MAMBO FORWARD & BACK TWICE

- 1& Step forward left & recover weight to right in place
- 2 Step together left
- 3& Step back right & recover weight to left in place
- 4 Step together right
- 5-8 Repeat counts 1-4

MAMBO LEFT & RIGHT TWICE

- 9&10 Side step left & step right in place, step together left
- 11& Side step right & step left in place
- 12 Step together right
- 13&14 Side step left & step right in place, step together left
- 15& Side step right & step left in place
- 16 Step together right

STEP/TURN CHA-CHA-CHA

- 17-18 Step forward left, ½ turn right
- 19&20 Shuffle forward left
- 21-22 Step forward right, ½ turn left
- 23&24 Shuffle forward right

DIAGONAL LEFT STEP-SLIDE-STEP-SLIDE-STEP-SLIDE-STEP:

- 25 Step diagonally forward left
- & Step right instep to left heel
- 26 Step diagonally forward left
- & Step right instep to left heel
- 27 Step diagonally forward left
- & Step right instep to left heel
- 28 Step diagonally forward left

DIAGONAL RIGHT STEP-SLIDE-STEP-SLIDE-STEP-SLIDE-STEP:

- 29 Step diagonally forward right
- & Step left instep to right heel
- 30 Step diagonally forward right
- & Step left instep to right heel
- 31 Step diagonally forward right
- & Step left instep to right heel
- 32 Step diagonally forward right

LEFT ACROSS RIGHT JAZZ BOXES:

- 33-34 Step left foot forward, step right across left
- 35-36 Step back left turning 1/8 right, step right next to left
- 37-40 Repeat 33-36

REPEAT
