

Mamma Knows

Count: 32

Wall: 2

Level: Improver

Choreographer: E, L & Mc

Music: Mama Knows the Highway - Hal Ketchum



ROCK RIGHT CROSS, ROCK LEFT CROSS, ROCK BACK RIGHT, SHUFFLE FORWARD RIGHT

- 1&2 Rock to right side on right, rock onto left in place, cross right over left
3&4 Rock to left side on left, rock onto right in place, cross left over right
5-6 Rock back on right, rock forward onto left
7&8 Step forward right, close left beside right, step forward right

ROCK LEFT CROSS, ROCK RIGHT CROSS, ROCK BACK LEFT, SHUFFLE ½ TURN RIGHT

- 1&2 Rock to left side on left, rock onto right in place, cross left over right
3&4 Rock to right side on right, rock onto left in place, cross right over left
5-6 Rock back on right, rock forward onto left
7&8 Shuffle step forward making ½ turn right, stepping - left, right, left

ROCK BACK RIGHT, KICK FORWARD RIGHT TWICE, COASTER STEP RIGHT, COASTER STEP LEFT

- 1-2 Rock back on right, rock forward onto left
3-4 Kick right forward twice
5&6 Step back right, step left beside right, step forward right
7&8 Step back left, step right beside left, step forward left

ROCK BACK RIGHT, KICK FORWARD RIGHT TWICE, COASTER STEP RIGHT, COASTER STEP LEFT

- 1-2 Rock back on right, rock forward onto left
3-4 Kick right forward twice
5&6 Step back right, step left beside right, step forward right
7&8 Step back left, step right beside left, step forward left

REPEAT

TAG

After wall 1 and wall 5

- 1-2 Hip bumps right, left

TAG

After wall 7

- 1-4 Hip bumps right, left, right, left

RESTART

On wall 4, change count 12 to a touch and restart from count 1

On wall 8, dance counts 1-20 and then restart from count 1