

# Man Trap

Count: 32

Wall: 4

Level: Improver

Choreographer: Keith Davies (AUS)

Music: Man Trap - Sara Storer



## **SIDE ROCK, CROSS SHUFFLE; SIDE ROCK, ½ TURN SAMBA**

- 1-2 Step/rock right to right side, return weight onto left in place
- 3&4 Step right across left, step left to left, step right across left
- 5-6 Step/rock left to left side, return weight to right in place
- 7&8 Step left across right, step on ball of right diagonally forward and pivot ½ turn left, step forward left

## **STEP, SLAP & STEP, SLAP, TOUCH RIGHT; JUMP BACK, JUMP BACK, CLAP, JUMP FORWARD**

- 1-2 Step right to right side, slap left heel behind right with right hand
- &3-4 Step left to left side, slap right heel behind left with left hand, touch right to right side
- &5&6 Jump back right left, jump back right left
- 7 Hold and clap\*
- &8 Jump forward right left

## **CLAP, ½ TURN, SHUFFLE; HEEL & HEEL & HEEL & POINT**

- 1 Hold and clap
- During the second half of the chorus on the words "me and you" replace the claps with thumbs pointing towards yourself on "me" and fingers pointing forward on "you"
- 2 Step forward on right and turn ½ left on ball of right foot
- 3&4 Forward shuffle left right left
- 5&6& Place right heel forward, bring right back to place, place left heel forward, bring left back to place
- 7&8 Place right heel forward, bring right back to place, point left toe to left side

## **PUSH HIP/SLAP, FORWARD LEFT, KICK-BALL-CHANGE; ¼ TURN SIDE ROCK, STEP, SIDE ROCK, STEP**

- 1 Push right hip to right side slapping right butt with right hand
- 2 Step forward left
- 3&4 Kick right forward, step in place on ball of right, step in place with left
- 5&6 Turn ¼ left and step/rock right to right side, return weight to left, step right in front of left
- 7&8 Step/rock left to left side, return weight to right, step left in front of right

## **REPEAT**

## **TAG**

During the 9th wall (with the words "bang, slap, there goes my trap"), replace the last 8 counts of the dance with:

- 1 Push right hip to right side slapping right butt with right hand
- 2 Hitch and slap left knee with the right hand
- 3 Step left to left side and click fingers of both hands
- 4 Clap

Place hands on hips and do three to the left hip rolls slowing to a stop with the music (or try two hip rolls and a body roll!). Restart the dance when the music recommences and keep dancing at the same pace to the end of the song.