

# Mas Alla (P)

Count: 64

Wall: 0

Level: Partner

Choreographer: Mabel Thompson (UK)

Music: Más Allá (Beyond) - Gloria Estefan



**Position: Sweetheart, both on the same foot**

**Adapted by Mabel Thompson from the line dance by Alan Birchall**

## **ROCK, RECOVER, CROSS SHUFFLE & STEP SLIDES**

### **Moving diagonally forward**

- 1-2 Rock onto right, recover on to left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Step left to left, (diagonally) slide right to left heel
- 7-8 Step left to left, (diagonally) slide right to left heel

## **ROCK, RECOVER, CROSS SHUFFLE & STEP SLIDES**

### **Moving diagonally forward**

- 1-2 Rock on to left, recover on to right
- 3&4 Cross left over right, step right to right, cross left over right
- 5-6 Step right to right, (diagonally) slide right to left heel
- 7-8 Step right to right, (diagonally) slide right to left heel

## **TOE TOUCHES, ROCK RECOVER, CROSS SHUFFLE**

- 1-2 Touch right toe to right side, touch right toe in front
- 3-4 Touch right toe to right side, touch right toe beside left
- 5-6 Rock on to right recover on to left
- 7&8 Cross right over left, step left to left, cross right over left, (moving forward)

## **TOE TOUCHES, ROCK RECOVER, CROSS SHUFFLE**

- 1-2 Touch left toe to left side, touch left toe in front
- 3-4 Touch left toe to left side, touch left toe beside right
- 5-6 Rock on to left foot recover on to right foot
- 7&8 Cross left over right, step right to right, cross left over right, (moving forward)

## **ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, COASTER STEP**

- 1-2 Rock forward on right, recover onto left
- 3&4 Make a ½ turn shuffle on right, left, right

### **Finishing in Reverse Sweetheart facing RLOD**

- 5-6 Rock forward on left, recover onto right
- 7&8 Step back on left, step together on right, step forward on left

## **ROCK, RECOVER, ½ TURN SHUFFLE, ROCK RECOVER, COASTER STEP**

- 1-2 Rock forward on right, recover onto left
- 3&4 Make a ½ turn shuffle on right, left, right

### **Releasing left hands, man goes under ladies left arm rejoining in sweetheart position**

- 5-6 Rock forward on left, recover onto right
- 7&8 Step back on left, step together on right, step forward on left

## **TWO ½ TURNS, STEP LOCK, SHUFFLE**

- 1-2 Step forward on right dropping right hands and raising left, make ½ turn left
- 3-4 Step forward on right make ½ turn left, lady going under raised arm, rejoin into sweetheart position

5-6 Step forward on right, lock left behind right  
7&8 Shuffle forward on right, left, right

**ROCK, RECOVER, CROSS SHUFFLE, WALK FORWARD (LADY TURNING)**

1-2 Rock to left side on left, recover onto right  
3&4 Cross left over right, step to side on right, cross left over right, (cross shuffle)  
5-8 Walk forward on right, left, right, left, dropping left hands raising right

**Lady making a full turn under raise arms turning towards the man. Rejoin Sweetheart**

**REPEAT**

---