

Meat And Potatoes

Count: 32

Wall: 4

Level: Beginner

Choreographer: Regina van Bergen (NL)

Music: Meat and Potato Man - Alan Jackson



FORWARD, TOUCH, BACKWARDS, TOUCH

- 1-2 Step right foot diagonally forward, touch left foot beside right foot
- 3-4 Step left foot diagonally back, touch right foot beside left foot
- 5-6 Step right foot diagonally back, touch left foot beside right foot
- 7-8 Step left foot diagonally forward, touch right foot beside left foot

VINE TO THE RIGHT WITH ½ LEFT HITCH TURN TO THE RIGHT, VINE TO THE LEFT, TOUCH

- 1-2 Step right foot to the right side, cross left foot behind right foot
- 3-4 Step right foot to the right, hitch with left knee and turn ½ to the right
- 5-6 Step left foot to the left side, cross right foot behind left foot
- 7-8 Step left foot to the left side, touch right foot beside left foot

BACK, BACK, BACK, HITCH, STEP, SLIDE, STEP, TOUCH

- 1-2 Step right foot back, step left foot back
- 3-4 Step right foot back, hitch left knee
- 5-6 Step left foot forward, slide right foot beside left foot
- 7-8 Step left foot forward, touch right foot beside left foot

VINE TO THE RIGHT WITH ¼ LEFT HITCH TO THE RIGHT, VINE TO THE LEFT WITH TOUCH

- 1-2 Step right foot to the right side, cross left foot behind right foot
- 3-4 Step right foot to the right, hitch with left knee and turn ¼ to the right
- 5-6 Step left foot to the left side, cross right foot behind left foot
- 7-8 Step left foot to the left side, touch right foot beside left foot

REPEAT
