# Mitzy's (Dance Studio)



Count: 0 Wall: 4 Level: Intermediate

Choreographer: Sonia Darquea (USA) & Ric Darquea (USA)

Music: Perfidia - John Altman



## **INTRODUCTION STEPS DESCRIPTION (1-112)**

#### **BASIC MERENGUE STEPS**

Side left, right together, side left, right together, side left, right together, side left, right touch
Side right, left together, side right, left together, side right, left touch

17-20 Side left, right together, side left, right touch Side right, left together, side right, left touch

#### **BASIC CHA-CHA STEPS**

25-28	Rock forward on left, recover right, cha-cha steps in place (left, right, left)
29-32	Rock back on right, recover left, cha-cha steps in place (right, left, right)
33-36	Rock to left side, recover right, cha-cha steps in place (left, right, left)

Rock to side on right, recover left, cha-cha steps turning ½ to right (right, left, right) (6:00)

41-80 Repeat steps 1-40 (12:00)

## BREAK STEPS: STOMP, HOLD 3 COUNTS (REPEAT 6X), POINT LEFT FORWARD, HOLD 3 COUNTS, LEFT RONDE

81-84	Stomp left diagonally forward, hold 3 counts
85-88	Stomp right diagonally forward, hold 3 counts
89-92	Stomp left diagonally forward, hold 3 counts
93-96	Stomp right diagonally back, hold 3 counts
97-100	Stomp left diagonally back, hold 3 counts
101-104	Stomp right diagonally back, hold 3 counts

On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite

105-112 Point left toes forward, hold 3 counts), left ronde (front to back in 4 counts)

#### THE MAIN DANCE

#### BASIC CHA-CHA FORWARD, BASIC CHA-CHA BACK

1-4 Rock forward left, left cha-cha in place (left, right, left)5-8 Rock back right, right cha-cha in place (right, left, right)

#### 2 COUNT VINE TO LEFT, SHUFFLE TURN 1/4 TO LEFT

9-12 Side step left, right step behind left, left shuffle ¼ to left (left, right, left) (9:00) 13-16 Rock forward on right, recover on left, right shuffle turn ½ to right 3:00

#### WALK 2 STEPS FORWARD, 2 SHUFFLE ½ TURNS TO RIGHT, ROCK LEFT FORWARD

17-18 Walk forward: left, right

19-22 Left shuffle turn ½ to right, right shuffle turn ½ to right (full turn, moving forward)

23-24 Rock forward on left, recover on right

#### **REPEAT**

#### **BREAK STEPS**

1-4	Stomp left diagonally forward, hold 3 counts
5-8	Stomp right diagonally forward, hold 3 counts

On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite

## **BASIC MERENGUE STEP**

Side step with bent knee bringing right hip up, step right together with bent, knee bringing left hip up

### **BASIC CHA-CHA STEP**

Basic cha-cha steps are rock step, shuffle in place