

Mother Knows Best

Count: 56

Wall: 2

Level: Intermediate

Choreographer: Lesley Johnston (AUS)

Music: Mother Knows Best - Beccy Cole



Just for you mum on your 70th Birthday, with love

OVER IN PLACE, OVER IN PLACE, CROSS ¼ TURN, OVER IN PLACE

- 1&2 Moving forward-cross left over right, step right to side, step left in place
- 3&4 Moving forward-cross right over left, step left to side, step right in place
- 5&6 Moving forward-into a ¼ turn left, left over right, step right to side, step left in place
- 7&8 Step right over left, step left to side, step right in place

9-16 Repeat above counts 1-8

SYNCOPATED VINE, SWING RIGHT BEHIND LEFT, CROSS SHUFFLE

- &17&18& Step left over right, right to side, left behind right, right to side, left over right
- 19&20 Step right to side, step left behind right
- 21-23 Swing right around behind left, step left to side, cross right over left
- &24 Step left to side, cross right over left

SIDE ROCK & TOGETHER, SIDE ROCK & TOGETHER, STEP ¼, ¼, ROCK CROSS

- 25-26& Step/rock left to side, rock to right side, bring left to meet right
- 27-28 Step/rock right to side, rock to side on left
- &29-30& Bring right to meet left, step left into a ¼ turn left, step right into ¼ turn left
- 31-32 Replace weight onto left (rock), cross right over left

33-40 Repeat above counts 25-32

FULL TURN TO RIGHT (EXTENDED HANDS), FULL TURN TO LEFT (HANDS DOWN)

- 41 Commence full turn to right by stepping firstly back onto left
- 42-44 Then onto right-left-right so now facing front and extend both hands as if to catch someone (listen to words in song)
- 45-48 Cross left over right & commence full turn to left stepping right-left-right so you are once again facing front (turn hands to face down)

STEP BACK DRAG, STEP BACK DRAG, HIPS RIGHT-LEFT-RIGHT

- 49-51 Step back on left, drag right heel to meet left, step back on right
- 52 Drag left heel to meet right
- 53-56 Step left to side (hips to left) then hips to right-left-right finishing with weight on right

REPEAT

FINISH

- 1-8 Step right over left, step left to side, drag right to meet left