

# Move Me

Count: 0

Wall: 0

Level: Intermediate

Choreographer: Kathy Brown (USA)

Music: The Way You Move - Outkast



Sequence: AA, BB, AA, BB, BB, BB, BB

Central Florida Dance Stampede - 1st place winner - int/adv - phrased

## PART A

### FUNKY WALKS FORWARD AND BACK, RIGHT ¼ TURN JAZZ

- 1-2 Step forward right (rolling knee and hip left to right, step forward left (rolling knee and hip right to left)
- 3-4 Step back right (rolling hip right), step back left (rolling hip left)
- 5-6 Cross right over left, step left back ¼ turn right
- 7-8 Step right to side, step left next to right

### FUNKY WALKS FORWARD AND BACK, RIGHT ¼ TURN JAZZ

- 9-16 Repeat 1-8

### RIGHT MONTEREY TURN, SIDE ROCK CROSS, STRUTS WITH SHIMMIES

- 1-2 Point right to side, bring right next to left and with weight on left, turn ½ right, step down on right
- 3&4 Rock left to side, return right, cross left over right
- 5&6 Step ball of right to side and lift right shoulder up, lift left shoulder up, lift right shoulder up and step down on right heel
- 7&8 Cross ball of left over right and lift left shoulder up, lift right shoulder up, lift left shoulder up and step down on left heel

### ROCK RETURN, WEAWE LEFT, HEEL BOUNCE ½ LEFT

- 1-2 Rock right to side, return left
- 3&4 Step right behind left, step left to side, cross right over left
- 5-6 Raise up on balls of both feet and bounce ¼ turn left
- 7-8 Raise up on balls of both feet and bounce ¼ turn left (weight ends on left)

## PART B

### SIDE ROCK RETURN, LEFT TRIPLE ¼ TURN, PIVOT ¼ LEFT, LEFT SAILOR

- 1-2 Step right to side, rock left forward
- 3 Return right
- 4&5 Step left to side, step right next to left, step left ¼ turn left
- 6 Turning ¼ left, step right to side
- 7&8 Step left behind right, step right to side, step left to side

### STEP BEHIND, STEP ¼ LEFT, LEFT ¾ TRIPLE, STEP BEHIND, STEP, CROSS TRIPLE

- 1-2 Step right behind left, step left ¼ left
- 3&4 Step right forward pivot ½ left, step left forward, pivot ¼ left stepping right to side
- 5-6 Step left behind right, step right to side
- 7&8 Cross left over right, step right to side, cross left over right

### TOUCH HITCH TURN, MAMBO BACK, HIP BUMPS LEFT AND RIGHT

- 1-2 Touch right to side, pivoting ¼ right, hitch right foot against left calf
- 3&4 Rock right back, return left, step right next to left
- 5&6 Step left slightly forward, bumping hips forward, back, forward

7&8                Step right slightly forward, bumping hips forward, back forward

**ROCK RETURN, TOUCH PIVOT ½ TURN, RIGHT TRIPLE, STEP, TOUCH**

1-2                Rock forward left, return right

3-4                Touch left toe back, pivot ½ left

5&6                Right triple forward

7-8                Step left (large) to side, touch right toe next to left

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