Mrs. Rudy



Count: 40 Wall: 4 Level: Improver

Choreographer: Barb Addeo (USA)

Music: Mrs. Steven Rudy - Mark McGuinn



CROSS, TOE TOUCH, CROSS SHUFFLE, STEP, BEHIND, SIDE SHUFFLE

1-2 Step right forward and across left, touch left toes to left side

3&4 Cross left over right, step right to right side, cross left over right (crossing shuffle)

5-6 Step right to right side, step left behind right

7&8 Right shuffle to right side

CROSS, TOE TOUCH, CROSS SHUFFLE, STEP, BEHIND, SIDE SHUFFLE

9-10 Step left forward and across right, touch right toes to right side

11&12 Cross right over left, step left to left side, cross right over left (crossing shuffle)

13-14 Step left to left side, step right behind left

15&16 Left shuffle to left side

TOE TOUCHES FRONT, SIDE, BACK, UNWIND, HIP BUMPS

17-19 Touch right toe across left to the 11:00 position, touch right toe to right side at the 3:00

position, touch right toe behind left heel at the 7:00 position

20 Unwind ¼ turn to the right (weight should stay on left)

21-22 Shifting weight to right, bump hips right, right 23-24 Shifting weight to left, bump hips left, left

SYNCOPATED ROCK STEPS

Add some bounce to these steps

Step right forward and rock forward, recover weight on left, step right foot together

Step back on left and rock back, recover weight on right, step left foot together

WALK FORWARD AND BACK, COASTER STEP

29-30 Walk forward right, left 31-32 Walk back right, left

Right coaster back: step right back, step left foot together, step right foot forward

WALK FORWARD AND BACK, COASTER STEP

35-36 Walk forward left, right 37-38 Walk back left, right

39&40 Left coaster back: step left back, step right foot together, step left foot forward

REPEAT