

Mustang Sally

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Neil Hale (USA)

Music: Mustang Sally - The Commitments



KICK STEP BACK, TRIPLE STEP, FULL TURN

- 1-2 Right kick forward; right step back
- 3&4 Left step back; right step next to left; left step next to right
- 5-6 *right step forward; left step forward into ¼ turn right
- 7-8 Right step side right into ¼ right; pivot on right as you step back with left into ½ turn right (weight on left)

*(Count 5 option is & 5 with a scoot on left on & before your step forward Right on 5.)

"SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

- 1&2 Cross right behind left; step ball of left foot side left; change weight to right as you step side right
- 3&4 Cross left behind right; step ball of right foot side right; change weight to left as you step side left

RIGHT & LEFT FORWARD DIAGONAL PATTERN WITH CLAPS

- 1-2 Right step forward at slight 45 degree angle right; left step next to right & clap
- 3-4 Right step forward at slight 45 degree angle right; left touch next to right & clap
- 5-6 Left step forward at slight 45 degree angle left; right step next to left & clap
- 7-8 Left step forward at slight 45 degree angle left; right touch next to left & clap

HIP ROLLS WITH "PALMS ON THIGHS"

- 1- 4 Step down right & roll hips right; roll hips left; roll hips right; roll hips left

¼ MONTEREY TURNS

- 1-2 Right point side right; pivot ¼ turn right on ball of left as you step right next to left
- 3-4 Left point side left; left step next to right
- 5-6 Right point side right; pivot ¼ turn right on ball of left as you step right next to left
- 7-8 Left point side left; left step next to right

"SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

- 1 & 2 Cross right behind left; step ball of left foot side left; change weight to right as you step side right
- 3&4 Cross left behind right; step ball of right foot side right; change weight to left as you step side left

"RIDE THE MUSTANG" & CLAP

Arm position-holding reins of horse

- 1& Right step side right with slight forward angle; left step behind right
- 2& Right step side right with slight forward angle; left step behind right
- 3-4 Right step side right; left touch next to right & clap
- 5& Left step side left with slight forward angle; right step behind left
- 6& Left step side left with slight forward angle; right step behind left
- 7-8 Left step side left; right touch next to left & clap

EXECUTE A FULL TURN NEXT 4 COUNTS,

- 1-2 Right step side right; pivot ½ turn right as you step side left
- 3-4 Replace weight to right; pivot ½ turn right as you step side left

REPEAT
