

Mustard & Relish

Count: 32

Wall: 4

Level:

Choreographer: Helen Baxendale

Music: The Cheap Seats - The Cheap Seats



KICK-BALL-CHANGE, MONTEREY TURN

- 1&2 Kick right foot forward, step down on right foot, change weight back to left foot
- 3 Touch right toe out to right side (keep weight on left foot)
- 4 Pivot $\frac{1}{2}$ turn to right placing right foot next to left

KICK-BALL-CHANGE, MONTEREY TURN

- 5&6 Kick left foot forward, step down on left foot, change weight back to right foot
- 7 Touch left toe out to left side (keep weight on right foot)
- 8 Pivot $\frac{1}{2}$ turn to left placing left foot next to right

GRAPEVINE RIGHT, $\frac{3}{4}$ TURN

- 9 Right foot step to right side
- 10 Cross left behind right
- 11 Right foot step to right side
- 12 With weight on right foot, turn $\frac{3}{4}$ right

STOMP, STOMP, STOMP, HITCH

- 13 Stomp forward on left
- 14 Stomp forward on right
- 15 Stomp forward on left
- 16 Hitch right knee

GRAPEVINE RIGHT, HITCH

- 17 Right foot step to right side
- 18 Cross left behind right
- 19 Right foot step to right side
- 20 Hitch left

GRAPEVINE LEFT, HITCH

- 21 Left foot step to left side
- 22 Cross right behind left
- 23 Left foot step to left side
- 24 Hitch right

CROSS, TOUCH, CROSS, TOUCH

- 25 Cross right foot in front of left
- 26 Touch left foot out to left side
- 27 Cross left foot in front of right
- 28 Touch right foot out to right side

CROSS, UNWIND, STOMP, STOMP

- 29 Cross right in front of left
- 30 Unwind $\frac{1}{2}$ turn left
- 31 Stomp right
- 32 Stomp left

REPEAT
