Nada Waltz

Count: 48

Level: Improver

Choreographer: Charlotte Williams (USA)

Music: My Front Porch Looking In - Lonestar

(MODIFIED) WALTZ LUNGES - LUNGE RIGHT WITH TOUCH; LUNGE LEFT WITH TOUCH 1-4 Lunge right across (in front) of left, step left in place, return right home, touch left next to right 5-8 Lunge left across (in front) of right, step right in place, return left home, touch right next to left RIGHT VINE, TURN ONE-FOURTH LEFT, MODIFIED (SLOW) COASTER 1-4 Step right to right, step left behind right, step right to right, step left across (in front) of right 5 Turn one-fourth (1/4) left stepping on back on right 6-8 Step back on left, step right next to left, step forward on left (slow coaster) MODIFIED (SLOW) COASTERS FORWARD AND BACK, TURN ONE-FOURTH LEFT, TAP 1-3 Step forward on right, step left next to right, step back on right 4-6 Step back on left, step right next to left, step forward on left 7-8 Turn one-fourth (1/4) to left, stepping right to right, tap left heel to left STEP - TAP; STEP - TAP; STEP - 3 TAPS 1-2 Step left to left, tap right heel to right 3-4 Step right to right, tap left heel to left 5-8 Step left to left, tap right heel three (3) times - signal that you are getting ready to start polka steps forward FOUR POLKA (SHUFFLE) STEPS FORWARD 1&2 Right polka (shuffle) forward (right, left, right) 3&4 Left polka (shuffle) forward (left, right, left) 5&6 Right polka (shuffle) forward (right, left, right) 7&8 Left polka (shuffle) forward (left, right, left) Variation: on 2nd and 3rd polkas turn one-half (1/2) turn each to right-making a full turn

TWO STEP SLIDE BACK, TWO POLKA (SHUFFLE) STEPS BACK

- 1-2 Step back on right (at right diagonal), slide left next to right - keep weight on right
- 3-4 Step back on left (at left diagonal), slide right next to left - keep weight on left
- 5&6 Right polka (shuffle) back (right, left, right)
- 7&8 Left polka (shuffle) back (left, right, left)

REPEAT





Wall: 2