

# Nah!

**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Jacquie Winchester (UK) & Stacey Davies (UK)

**Music:** Nah! - Shania Twain



## **BASIC RUMBA STEP, BASIC RUMBA STEP ¼ TURN**

- 1-4 Rock back on right foot, rock forward on left foot, step right foot to right, hold one count (sway hips from left to right over counts 3&4)
- 5-8 Rock forward on left foot, rock back on right foot, turning ¼ left step forward on left foot, hold one count

## **STEP PIVOT ½, SIDE STEP, HOLD, BASIC RUMBA STEP**

- 9-12 Step forward on right foot, pivot ½ to left, step right foot to right, hold one count (sway hips from left to right over counts 11&12)
- 13-16 Rock back on left foot, rock forward on right foot, step left on left foot, hold one count (sway hips from right to left over counts 15&16)

## **SWAYS, SIDE STEP, HOLD, ROCK BACK, STEP LOCK STEP**

- 17-20 Sway hips to right, sway hips to left, step right on right foot, hold one count (sway hips from left to right over counts 19&20)
- 21-24 Rock back on left foot, step forward on right foot, step forward on left foot, lock right foot behind left

## **STEP, STEP LOCK STEP, MAMBO STEP FORWARD, HOLD**

- 25-28 Step forward on left foot, step forward on right foot, lock left foot behind right, step forward on right foot
- 29-32 Rock forward on left foot, rock back on right foot, step back on left foot, hold one count

## **MAMBO STEP BACK, HOLD, STEP PIVOT ½, STEP LOCK**

- 33-36 Rock back on right foot, rock forward on left foot, step forward on right foot, hold one count
- 37-40 Step forward on left foot, pivot ½ to right, step forward left foot, lock right foot behind left

## **STEP, STEP LOCK STEP, RUMBA BOX BACK, HOLD**

- 41-44 Step forward on left foot, step forward on right foot, lock left foot behind right, step forward on right foot
- 45-48 Step left on left foot, step right foot beside left, step back on left foot, hold one count

## **RUMBA BOX FORWARD, HOLD, STEP PIVOT ½, SIDE STEP, HOLD**

- 49-52 Step right on right foot, step left foot beside right, step forward on right foot, hold one count
- 53-56 Step forward on left foot, pivot ½ to right, step left on left foot, hold one count (sway hips from right to left over counts 55&56)

## **BASIC RUMBA STEP, SWAY, SIDE TOGETHER**

- 57-60 Rock back on right foot, rock forward on left foot, step right on right foot, hold one count (sway hips from left to right over counts 59&60)
- 61-64 Step left on left foot, hold one count (sway hips from right to left over counts 61&62), step right on right foot step left foot beside right

## **REPEAT**

## **TAG**

Step right foot in place, step left foot in place, hold for two counts splaying hands out to side at hip level, roll hips in a circle over four counts ending with weight on left

When using 'Nah!', on wall 2 just dance counts 1-32 then do the tag. Restart from count 1 for wall 3. Also dance the tag after walls 4 and 7. At end of dance (after wall 9) do first 2 steps of tag

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