Nights And Days



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Audrey Watson (SCO)

Music: Oh Carol - Smokie



Start dance as soon as they start singing

WALK, WALK, WALK, LOCK STEP,	MAMBO STEP	SHUFFLE STEP BACK
TIALIX, TIALIX, TIALIX, LOOK OILI .		

1&2 Walk forward on right, left, right (small)	nall steps)
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Step forward on left, lock right behind left, step forward on left
Rock forward on right, rock back on left, step right next left
Step back on left, step right next left, step back on left

BACK TURN CROSS, CHASSE LEFT, BACK ROCK SIDE, BEHIND SIDE CROSS

1&2	Rock back on right, turn ¼ turn right stepping left to left/side, cross right over left	
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Step left to left/side, step right next left, step left to left/side
 Rock back on right, rock forward on left, step right to right/side
 Cross left behind right, step right to right/side, cross left over right

BACK TURN STEP, LOCK STEP, MAMBO STEP, ¾ TURN SHUFFLE

	1&2	Rock right to right/side, turn ¼ turn left stepping forward on left, step forward on right	١t
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3&4 Step forward on left, lock right behind left, step forward on left

Rock forward on right, back on left, step right next left 7&8 Make a 3/4 turn shuffle left stepping, left, right, left

FORWARD BACK POINT, POINT SIDE 1/4 FLICK, SHUFFLE FORWARD, STOMP TURN HITCH

1&2	Rock forward on right, rock back on left, point right to right/side
IXZ	1 YOUR TOT WATER OFF TIGHTS. TOUR DACK OFF TELL, DOING HIGHE TO HIGHE SING

Point right toe across left, point right toe to right/side, ¼ turn left flicking right back

5&6 Shuffle forward on right, left, right

7&8& Stomp forward on left, bounce heels twice while making a ¼ right, hitch right foot across left

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REPEAT

TAG

When using the music Oh Carol by Smokie, add the following at the end of Walls 1 & 2 HEEL HITCH, HEEL HITCH

1&2& Touch right heel forward, hitch right across left twice