Count: 32
Wall: 4
Level: Intermediate
Choreographer: Irene Groundwater (CAN)
Music: No Chicken Wings - Jimmy Lewis


Dedicated to Vicky McCullough and her special girls from Vancouver Island whose moves inspired this dance

## BACK, HEEL, BODY ROLL, BACK, HEEL, BODY ROLL

1-2-3-4 Right back, tap left heel forward, forward body roll over 2 counts
5-6-7-8 Left back, tap right heel forward, forward body roll over 2 counts
Option:
1-2-3-4 Right back, tap left heel forward 3 times
5-6-7-8 Left back. Tap right heel forward 3 times

## DIAGONAL FORWARD SHUFFLE, DIAGONAL FORWARD SHUFFLE, FORWARD SHUFFLE, ½ TURN RIGHT, ½ TURN RIGHT

9\&10 Right diagonal forward, step left beside right, right diagonal forward
11\&12 Left diagonal forward, step right beside left, left diagonal forward
13\&14 Right forward, step left beside right, right forward
15-16 Left forward pivoting $1 / 2$ turn right on step, right back pivoting $1 / 2$ turn right on step
Options:
9\& Lock left behind right
11\& Lock right behind left)
9\&10 Raise right hand pointing and looking to right
11\&12 Raise left hand pointing and looking to left
15 Left forward
16 Right forward (no turn on steps)
FORWARD, $1 ⁄ 2$ TURN RIGHT, SIDE, SIDE, TOGETHER

| 17-18 | Left forward, pivot $1 / 2$ turn right onto right |
| :--- | :--- |
| 19\&20 | Side step left, side step right, step left beside right |

## $1 / 4$ TURN LEFT WITH RIGHT HIP-UP-DOWN-UP, $1 ⁄ 2$ TURN RIGHT WITH LEFT HIP-UP-DOWN-UP

21\&22 Pivot $1 / 4$ turn left on left ball and side step right raising right hip up, lower right hip, raise right hip
23\&24 Pivot $1 / 2$ turn right on right ball and side step left raising left hip up, lower left hip, raise left hip
Options:
21\&22 Face looks forward towards 6:00 on 1st wall with right arms extended towards 6:00
23\&24 Face looks forward towards 6:00 on 1st wall with left arms extended towards 6:00

| $1 / 2$ TURN LEFT | WITH RIGHT HIP-UP-DOWN-UP, $1 / 4$ TURN RIGHT WITH SIDE, SIDE, TOGETHER, CLAP |
| :--- | :--- |
| $25 \& 26$ | Pivot $1 / 2$ turn left on left ball and side step right raising right hip up, lower right. Hip, raise right. |
|  | Hip |
|  | Pivot $1 / 4$ turn right on right ball (facing forward) and side step left, side step right |
|  | Go up on toes of both feet and drag both feet together, clap |
| Option: |  |
| $25 \& 26$ | Face looks forward towards $6: 00$ on 1st wall with right arms extended towards 6:00 |

BEHIND, SIDE, STOMP, CROSS BEHIND, $1 \not 14$ TURN LEFT WITH SIDE, STOMP
29\&30 Cross right behind left, side step left, stomp right beside left
\&31-32 Cross left behind right, pivot $1 / 4$ turn left on left ball and side step right, stomp left beside right

Dance pattern 10 times. Dance count 1 to 16 as music fades then pose with attitude

