

# No Mercy

Count: 52

Wall: 4

Level:

Choreographer: Karla Carter-Smith (CAN)

Music: Tearin' Up My Heart - \*NSYNC



## BASKETBALL PIVOTS, SCISSOR CROSS, STEP TOUCH & CLAP

- 1-2 Left foot stays in place thru this move right foot pivots  $\frac{1}{4}$  to left, right foot pivots  $\frac{1}{2}$  to right
- 3 Right foot pivots  $\frac{1}{2}$  to left
- &4 Jump cross right foot over left and return
- 5-6 Step forward on right foot turning to face the front, touch left foot beside and clap
- 7-8 Right foot stays in place thru this move, left foot pivot  $\frac{1}{4}$  to right, left foot pivots  $\frac{1}{2}$  to left
- 9 Left foot pivots  $\frac{1}{2}$  to right
- &10 Jump cross left foot over right and return
- 11-12 Step forward on left foot turning to face the front, touch right foot beside and clap

## KICK & TOUCH, KICK & TOUCH

- 13&14 Kick right foot forward, return right foot to center and touch left behind
- 15&16 Kick left foot forward, return left foot to center and touch right behind

## ROCK STEP CLAP, CLAP, ROCK STEP CLAP. CLAP

- 17& Right foot rock forward, left foot steps in place
- 18& Right foot rocks back, left foot steps in place
- 19&20 Right foot returns to center, and clap, clap
- 21& Left foot rock forward, right foot steps in place
- 22& Left foot rock back, right foot steps in place
- 23&24 Left foot returns to center, and clap, clap

## FULL TURN

- 25-26 Step forward on right foot, pivot  $\frac{1}{2}$
- 27 Cross right foot over left foot continuing to turn another  $\frac{1}{2}$  to left,
- 28 Step left foot beside right to make a full turn

## SLIDE BACK

- &29-30 Place right foot behind with weight on left foot, roll hips forward(as in a body roll)
- &31-32 Slide back making the left foot take the place of your right foot, and placing right foot behind, roll hips forward

## OUT & CROSS & OUT, CLAP, CLAP

- &33 Step right foot to right side & left foot to left side
- &34 Cross right foot over left foot, left foot step in place
- &35 Step right foot to right side & left foot to left side)
- &36 Clap, clap

## HIP BUMPS FORWARD

- &37-38 Stepping forward on right foot & pushing hips twice to right
- &39-40 Stepping forward on left foot & pushing hips twice to left

## BOX STEP

- 41-42 Cross right foot over left, step back on left foot,
- 43-44 Step right foot to right side turning  $\frac{1}{4}$  to left, step left foot beside

## HIP PUSHES

45-46	Step out to right with right foot pushing hips forward, step out to left with left foot pushing hips forward
47-48	Touch right to right side pushing hips forward, step on right foot pushing hips forward
49-50	Touch left to left side pushing hips forward, step on left foot pushing hips forward
51-52	Step out to right with right foot pushing hips forward, step out to left with left foot pushing hips forward

**REPEAT**

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