Nothing To Lose

Count: 32

Level: Beginner

Choreographer: Larry Hayden (UK)

Music: Sea Cruise - Status Quo

KICK BALL CROSSES TWICE, ROCK, RECOVER, SAILOR CROSS

- 1&2 Right kick ball cross
- 3&4 Right kick ball cross
- 5-6 Rock right to right side, recover
- 7&8 Right sailor cross

KICK BALL CROSSES TWICE, ROCK, RECOVER, SAILOR 1/4 TURN

- 1&2 Left kick ball cross
- 3&4 Left kick ball cross
- 5-6 Rock left to left side, recover
- 7&8 Left sailor with ¼ turn to left

1/2 PIVOT, SHUFFLE, ROCK, COASTER

- 1-2 Step forward on right, ½ pivot turn to left
- 3&4 Shuffle forward right left right
- 5-6 Rock forward on left, recover
- 7&8 Left coaster step

CHASSES, ROCK TWICE

- 1&2 Chasse right
- 3-4 Rock back on left, recover
- 5&6 Chasses left
- 7-8 Rock back on right, recover

REPEAT

TAGAt end of wall 1TOE STRUT TWICE, ROCKING CHAIR1-2Right toe strut forward3-4Left toe strut forward5-8Rocking chair (or 2 half pivots)





Wall: 4