

Now Is The Time

Count: 40

Wall: 4

Level: Intermediate

Choreographer: Tina Lincoln (UK)

Music: No Time for Tears - Jo Dee Messina



1-2	Right foot rock forward, rock back onto left foot
&	Bring right foot back beside left and put weight on to right
3-4	Left foot rock forward, rock back onto right foot
5&6	Left shuffle making $\frac{1}{2}$ turn to left
7-8	Right foot rock forward, rock back onto left
&	Bring right foot back beside left and put weight on right
9-10	Left foot rock forward, rock back onto right foot
11&12	Left shuffle making $\frac{1}{2}$ turn to left
13-14	Step right foot to right side, cross left foot behind right
&15-16	Step right foot to right and cross step left over right, step right foot to right
17&18	Left step behind right, step on right, step on left foot (left sailor step)
19&20	Right foot step behind left, step down on right, step down on left (right sailor step)
21-22	Left foot step to the left side, cross right foot behind left
&23-24	Step left foot to left and cross step right over left, step left foot to left
25&26	Right foot step behind left, step on right, step on left (right sailor step)
27&28	Left foot step behind right foot, step on right making $\frac{1}{4}$ turn left, step on right (left sailor $\frac{1}{4}$ turn)
29&30	Right shuffle forward
31-32	Step left foot forward, pivot $\frac{1}{2}$ turn to the right
33&34	Left shuffle forward
35-36	Step right foot forward, pivot $\frac{1}{2}$ turn to the left
37&	Touch right foot out to right side and bring back in place beside left
38&	Touch left foot out to left side and bring back in place beside right
39&	Touch right toe back and bring back in place beside left
40&	Touch left heel forward and bring back in place beside right

REPEAT