

Off My Rocker

Count: 48

Wall: 4

Level: Beginner

Choreographer: Michelle Palmer (AUS)

Music: Off My Rocker - Billy Currington



STEP FORWARD, TOUCH TOE BEHIND, STEP BACK, STEP SIDE, STEP FORWARD, TOUCH TOE BEHIND, STEP BACK, STEP SIDE

- 1-2 Step right forward, touch left toe behind
- 3-4 Step left back, step right to side
- 5-6 Step left forward, touch right toe behind
- 7-8 Step right back, step left to side

STEP FORWARD, ½ TURN, STEP FORWARD, HOLD, STEP FORWARD, ½ TURN, STEP FORWARD, HOLD

- 1-2 Pivot step forward right, turn ½ turn left taking weight on left
- 3-4 Step forward right and hold
- 5-6 Pivot step forward left, turn ½ turn right taking weight on right
- 7-8 Step forward left and hold

STEP SIDE, STEP BEHIND, ¼ TURN STEP FORWARD, ½ TURN STEP BACK, STEP BACK, STEP BESIDE, STEP FORWARD, STEP BESIDE

- 1-2 Step right to side, step left behind right
- 3-4 Turn ¼ turn right step on right, turn ½ turn right step back on left
- 5-6 Step back on right, step left beside right
- 7-8 Step forward on right, step left beside right

STEP FORWARD, LOCK, STEP FORWARD, SCUFF, STEP FORWARD, LOCK, STEP FORWARD, SCUFF

- 1-2 Step right forward, lock left behind right
- 3-4 Step right forward, scuff left forward
- 5-6 Step left forward, lock right behind left
- 7-8 Step left forward, scuff right forward

STEP FORWARD, ½ TURN, STEP ACROSS, ROCK BACK, STEP SIDE, STEP ACROSS, ROCK BACK, STEP SIDE

- 1-2 Step right forward, turn ½ turn left take weight on left
- 3-4 Step right across left, rock back on left
- 5-6 Step right to side, step left across right
- 7-8 Rock back on right, step left to side

ROCK SIDE, ROCK SIDE, STEP BEHIND, ROCK SIDE, ROCK SIDE, STEP BEHIND, ROCK SIDE ROCK SIDE

- 1-2 Rock right to side, rock left to side
- 3-4 Step right behind left, rock left to side
- 5-6 Rock right to side, step left behind right
- 7-8 Rock right to side, rock left to side

REPEAT

TO END THE DANCE

Keep going until the music finishes, you will be doing right lock step scuff, left lock step scuff, step right forward, turn ½ turn left step right forward

