Okra Or Pure Genius! (Take Your Pick!)

Wall: 4

COPPER KNOE

Count: 32

Choreographer: Chris Peel (UK)

Level: Improver



Music: Rad Gumbo - The Dean Brothers

HEEL-TOE TOUCHES, MAMBO ROCK, TOE-HEEL TOUCHES, MAMBO ROCK

- 1&2 Touch right heel forward touch right toe back, touch right heel forward
- 3&4 Rock right forward rock weight back onto left, step right beside left
- 5&6 Touch left toe back touch heel forward, touch left toe back
- 7&8 Rock left to side rock weight onto right, step left beside right

FORWARD-HITCH, FORWARD, MAMBO ROCKS

- 9&10 Step right forward hop right while hitching left, step left forward
- 11&12 Rock right forward rock weight back onto left, step right beside left
- 13&14 Step left back hop left while hitching right, step right back
- 15&16 Rock left back rock weight forward on right, step left beside right

PIVOT ½ TURN LEFT, TWISTS INTO CENTER, PENDULUM SWING, KICK-BALL ¼ TURN LEFT

- 17&18 Step right forward into pivot ½ turn left step weight on left beside right, side step right (shoulder width apart)
- 19&20 Moving towards center: heels in toes in, feet together (toes facing forward)
- 21&22 (With a swing) point right toe to side step right back to place while pointing left toe to side, point right to side
- 23&24 Kick right forward step right beside left, step ¼ turn left

SIDE TOUCH-TWIST RIGHT, TAP-KICK, STEP/CLAP, SIDE TOUCH-TWIST LEFT, TAP-KICK, STEP/CLAP

25&26 Touch right to side taking weight on ball of feet - twist to right, twist to center switching weight to left

While twisting right, arms at shoulder level: left bent above chest, right stretched out to side, palms down, all fingers pointing right. While twisting back to center, arms as before

- 27&28 Tap right beside left kick right forward, step right beside left/clap
- 29&30 Touch left to side taking weight on ball of feet twist to left, twist to center switching weight to right

While twisting left, arms at shoulder level: right bent above chest, left stretched out to side, palms down, all fingers pointing left. While twisting back to center, arms as before

31&32 Tap left beside right - kick left forward, step left beside right/clap

REPEAT