The Old Rugged Cross



Count: 48 Wall: 0 Level:

Choreographer: Chris Peel (UK)

Music: The Old Rugged Cross - Brad Paisley



THE CROSS: LUNGING STEPS FORWARD, BACK, LEFT & RIGHT, WITH TOUCHES & HEEL LIFTS

1-3	Lunge left forward, touch right beside left, rise on toes of both feet
4-6	Lunge right back, touch left beside right, rise on toes of both feet
7-9	Lunge left to side, touch right beside left, rise on toes of both feet
10-12	Lunge right to side, touch left beside right, rise on toes of both feet

FULL TURN LEFT, VINE RIGHT, VINE LEFT, FULL TURN RIGHT

13-15	Full turn left stepping left, right left
16-18	Side step right, step left behind right, side step right
19-21	Side step left, step right behind left, side step left
22-24	Full turn right stepping right, left, right

1/4 TURN LEFT, BASIC WALTZ STEP BACK, 1/2 TURN RIGHT, BASIC WALTZ STEP BACK

25-27	Step ¼ turn left, step right beside left, step left together
28-30	Step right back, step left beside right, step right together
31-33	Step left forward into ½ turn pivot left, step weight onto right beside left, step left together
34-36	Step right back, step left beside right, step right together

WEAVE INTO FULL TURN RIGHT, VINE INTO FULL TURN LEFT

37-39	Step left across right, side step right, step left behind right
40-42	Full turn right stepping right, left, right
43-45	Side step left, step right behind left, side step left
46-48	Full turn left stepping right, left, right

REPEAT