

On My Heart

Count: 32

Wall: 4

Level: Improver

Choreographer: Gaye Teather (UK)

Music: On My Heart - Tim McGraw



Choreographed for Glenda Hawley and her classes as an easier alternative to Open Season

RIGHT SHUFFLE FORWARD, ROCK STEP, LEFT SHUFFLE BACK, ROCK STEP

- 1&2 Step forward on right, step left beside right, step forward on right
- 3-4 Rock forward on left, recover onto right
- 5&6 Step back on left, step right beside left, step back on left
- 7-8 Rock back on right, recover onto left

QUARTER TURN LEFT CHASSE TO RIGHT, HALF TURN RIGHT, CHASSE TO LEFT, COASTER STEP, CROSS SHUFFLE

- 9&10 Make a quarter turn left stepping right to right, step left beside right, step right to right (facing 9:00)
- 11&12 Make half turn right stepping left to left, step right beside left, step left to left (facing 3:00)
- 13&14 Step back on right, step left beside right, step forward on right
- 15&16 Cross left over right, step right to right, cross left over right

HIP SWAYS RIGHT, LEFT, SIDE, SLIDE, LEFT CHASSE, CROSS ROCK

- 17-18 Step right to right swaying hips to right, recover onto left swaying hips left
- 19-20 Step long step to right, slide left to touch beside right
- 21&22 Step left to left, step right beside left, step left to left
- 23-24 Cross rock right over left, recover onto left

CHASSE QUARTER TURN RIGHT, STEP, PIVOT HALF TURN RIGHT, LEFT SHUFFLE FORWARD, STEP, PIVOT QUARTER TURN LEFT

- 25&26 Step right to right, step left beside right, step right quarter turn right
- 27-28 Step forward on left, pivot half turn right
- 29&30 Step forward on left, step right beside left, step forward on left
- 31-32 Step forward on right, pivot quarter turn left

REPEAT