One Good Reason

Level: Beginner east coast swing

Choreographer: Pepper Siguieros (USA) Music: A Big One - Clint Black

Count: 32

Position: Partners start in Sweetheart Position facing LOD

RIGHT KICK-BALL-CHANGE, STEP RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT, TOUCH RIGHT

- 1&2 Kick right foot forward, step down on right foot next to left, step slightly forward on left
- 3-4 Step forward on right, kick left forward
- 5-7 Walk back left, right, left
- 8 Touch (or stomp without taking weight) right foot next to left

For counts 5-6 lady can make a full turn left. Partners drop left hands as lady turns ½ left stepping back on left (5), turn ½ left stepping back on right (6) and pick up left hands

RIGHT KICK BALL CHANGE, STEP RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT, TOUCH RIGHT

1-8 Repeat counts 1-8

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT; JAZZ BOX ¼ TURN RIGHT

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5-8 Cross right over left, step back on left, make 1/4 right stepping right to right side, step forward on left

Partners do a jazz box without the 1/4 turn to stay facing LOD

DIAGONAL STEP TOUCHES FORWARD

- 1-2 Step right forward on right diagonal, touch left next to right and clap
- 3-4 Step left forward on left diagonal, touch right next to left and clap
- 5-6 Step right forward on right diagonal, touch left next to right and clap

Partners substitute scuff steps for the touch steps with claps

STEP SIDE SHAKE & SHAKE

7&8 Step left to left side shaking hips left, shake hips right, shake hips left

REPEAT





Wall: 4